

Spring 1985 — Free for all

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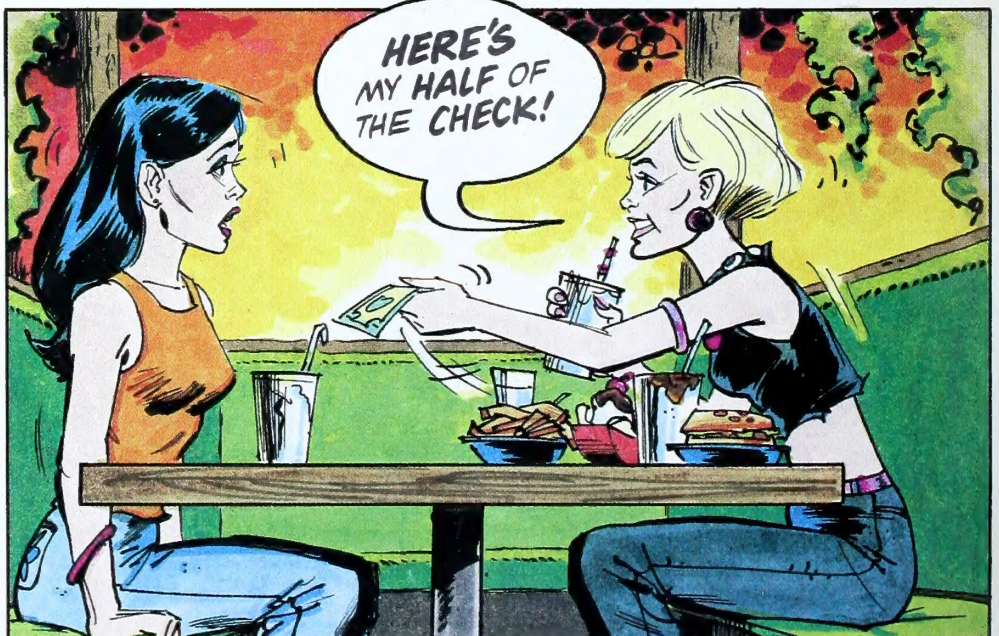
GET IT WHILE YOU'RE YOUNG



SCAVENGER HUNT ZOOT ZOO FUNNY YOU SHOULD ASK
PSSSSST... HEY KID, WANT A JOB? DURRANT ON DRUGS
LOW ZOOT INFORMAL FITNESS DESIGNS ON FRIENDSHIP
PINK CADILLAC WORK AND MONEY: MAKING IT HAPPEN

BARB GETS HER HALF!

by Jim CRAIG





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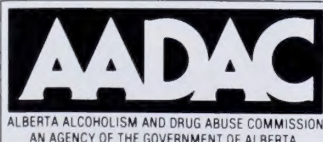
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COVER

*Whether you're
roller-skating,
playing football or
just listening to
the radio, it's
always better
with friends.*

The theme of this issue is friendship.

I met my best friend when I was 13 and I'd like to tell you about her. Though mountains now separate us, we formed a bond many years ago that is the foundation of a friendship that will never be broken.

The transition from elementary to junior high was one of my most traumatic moves. I left a small, comfortable "home" to enter a large, concrete structure. Nothing had ever felt so foreign or so lonely.

Early in the year, I decided to be brave and try out for the basketball team. I was one of 30 ever-so-coordinated girls hoping to get picked. I met my best friend in the middle of a ridiculous pivoting drill, in which we'd run 10 steps and pivot madly until the next command. I glanced at Viv and we silently shared the confusion of this stupid drill. From that glance on, we were best friends.

Soon after, we arranged to share a locker. The next semester, we took every class together possible, became cooking and biology partners as well as co-captains of the basketball team. We filled our hours together with endless chat about our days, our thoughts, our teachers, the students and anything else that popped to mind. Grade 8 soon became a great year and I had a best friend in every sense of the word.



VIVIAN — AGE 14




KIM — AGE 14

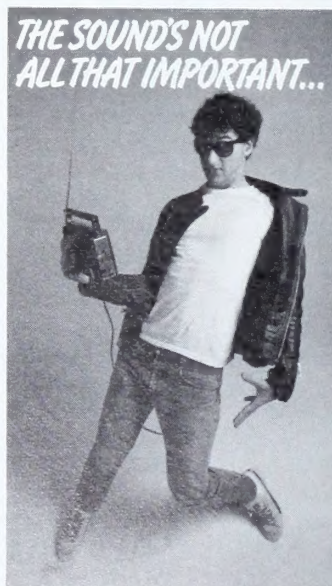
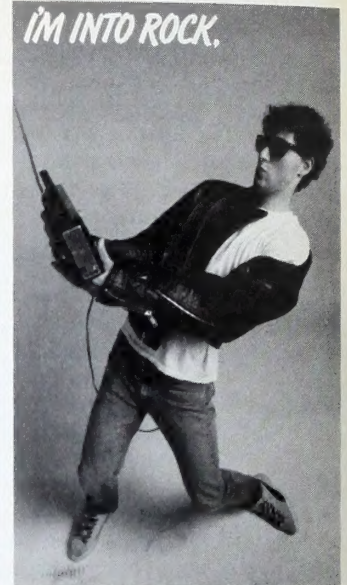
Once Grade 9 rolled around we became part of a much larger group, and melded together with many other pairs of girls. Viv and I had our first conflicts from dealing with outside influences. As with all groups, we had our politics, our taking sides . . . and the gossip. More than once our decisions conflicted and we'd temporarily go our own ways, but in the end we'd always come back to each other.

Somewhere between Grade 10 and 11, guys became much, much more important than girls. I soon found myself heavily involved in a relationship with a guy. It no longer was the two of us and soon became "three's company." We had to arrange our time differently. As most guys go, he went soon after, and as always, Viv and I were again best friends.

Our final year! Nothing occupied our minds more than the thought of breaking loose into that interesting world that awaited. Come graduation night, the one phrase that was used constantly was "Let's keep in touch," and it's the one thing people rarely do. I don't think Viv and I exchanged those words because there was no doubt that we'd remain best friends.

The following year, I moved across the mountains to a different province and into a totally different type of job than Viv. But we still remain best pals. It's funny, but she still knows what I'm trying to say when I don't even understand myself, I guess 'cause she's the one who was around when I became me.

Out of all your friends today you may keep one for life, only if that one can survive the ups and downs, the corners and dead ends — the changes in direction. Friends are a reflection of ourselves. Take care to keep the ones you care for. I did with one . . . and that one is good for life. This editorial has given me the opportunity to reminisce the meeting of my best friend and, once again, reinforce the feeling and the depth of our friendship. In this issue we give you a chance to express your creativity and write us about your feelings of friendship. See page 19 for details. You not only have the chance to be creative, you have the chance to get a prize for your entry! 



The Scoop

OFF THE WALL

ZOOT NOOZE

INTO YOUR HEAD

THE GREAT ZOOT CAPRI MUSIC-TO-YOUR-EYES VIDEO CONTEST WINNER'S TRIP TO TORONTO



Oh! Wendy O. with Gary O.

Last issue, Zoot Capri revealed the winning video – Wendy Olson's video for the Spoon's single *Talk Back*. For this accomplishment, Wendy was awarded the prize of watching a real video in the making.

Wendy, and Zoot's editor Kim, flew to the big city of Toronto to meet with the producers and directors of Champagne Pictures. First, they reviewed Champagne's reel of videos ranging from *Helix* and *Platinum Blonde* to Corey Hart. After that they discussed the details of the production they'd be watching, *Get It While You Can*, by Gary O.

Later in the day, they met at an old warehouse to watch the finishing touches being applied to the construction of a humungous set consisting of a pool hall, a street scene with a music store, and an old office. Then the cast of 20 or so

actors arrived, and finally the star, Gary O, himself. Wendy and Kim peeked into the dressing rooms as the actors were sent back in time to the Lauren Bacall and Humphrey Bogart era.

As the first couple of sequences were being shot Wendy was right in there, checking out the camera angles, commenting on the set props and mixing with the record managers and MTV staff from Canada and the U.S.

The day for Gary O. and Champagne Pictures lasted till the wee hours of the morning, but Wendy and Kim didn't. After chatting with Gary and the cast, the famous restaurants of T.O. beckoned.

But early the next morning, Wendy and Kim went back to the warehouse to *Get It While You Can*, before catching a flight back to reality – 1985 and Alberta.

AFTER HIGH SCHOOL, THEN WHAT?

If you have been listening to all the gloomy statistics about youth unemployment lately, you are probably not looking forward to graduating from high school BUT, there is an exciting alternative: Katimavik.

Katimavik offers Canadian youth between the ages of 17 and 21 a chance to work and learn new skills, travel, learn a second language, make new friends and earn some money. (You receive \$1,000 at the end of the program.)

Participants live and work in three different areas of Canada during the nine-month program, doing everything from sawing logs to working with the handicapped.

One Calgary teen found herself in Kuujjauq, an Inuit community in Northern Quebec; another worked in the Yukon; others worked in B.C., Manitoba and Ontario.

Each three-month rotation includes a two-week billet, during which time you live and work with a family in the community. One lucky teen from Regina, working with the Katimavik group in Calgary, spent two weeks at Spruce Meadows Ranch; another lived with a city alderman and his family, and others were billeted with ranching families around Calgary. There were 21 Katimavik groups in Alberta last year, scattered from Grande Prairie to

Lethbridge.

If you are looking for something new and exciting after high school – a chance to spread your

wings a little – investigate Katimavik. For information and application forms, write: Jan Sanderson, Regional Communications

Manager, Prairies and NWT Regional Office, Suite 403, 350 - 3rd Ave. N., Saskatoon, Saskatchewan, S7K 6G7. C.S.



Katimavik participants entertaining at the Calgary Zoo.

A WIENER OF A DIENER

Last issue, Zoot's able assistant Gail spent weeks with her face hidden in encyclopedias, atlases and trade magazines. She researched long and hard to come up with one of Zoot's most difficult quizzes, the Zany Original Origin Test.

It was so difficult that, to date, Gail is the only person in Alberta to know *all* the right answers.

A close second, coming in with 36 right answers out of 40, was Carol Brandley of Fort Saskatchewan. Carol too, spent many hours at the library but, we guess, just wasn't checkin' the right books.

For all her effort and hard work, Carol was awarded a dinner at a restaurant of her choice, to be paid in full by Zoot Capri. She also got to meet our editor Kim, who as usual picked up the bill!

Carol brought along three buddies, Susanne Jespersen, Robin Gerow and Susan Poon, to join her and Kim at the Mills Restaurant "Gasthaus Zur Mühle." Yes, that's German!

The food was great, the atmosphere was authentic

and the company enlightening. Both Carol and Susanne spoke fluent German, knew the menu by heart and educated Kim and the others on spätzle, sauerbraten and yes, the talk of the evening, Duran Duran.

For all you others who have been sitting on the edges of your chairs in anticipation of the right answers, we convinced Gail to print her prized knowledge.

Here goes:

A Step In Time

1. Waltz - Germany/Austria
2. Charleston - U.S.
3. Rumba - Cuba
4. Hula - Hawaii
5. Belly dance - Middle East

You Can Dress 'Em Up But . . .

1. Sari - India
2. Kimono - Japan
3. Bashiki - Caribbean
4. Rattvik - Sweden
5. Aboyne costume - Scotland

You Drive Me Wild

1. Jaguar - England
2. Alfa Romeo - Italy



PHOTOGRAPH: DWAYNE BROWN

3. Syrena - Poland
4. Saab - Sweden
5. Mitsubishi - Japan

Name That Tune

1. Nina Hagen - Germany
2. U2 - Ireland
3. Telephone - France
4. Martha And The Muffins - Canada
5. Japan - England

Don't Blow It

1. Kilavea volcano - Hawaii
2. Mount Tolbachik - U.S.S.R.
3. Mount St. Helen - U.S.
4. Stromboli volcano - Italy
5. Mount Vesuvius - Naples

Bank On It

1. Yen - Japan
2. Krone - Denmark
3. Rupee - India
4. Lire - Italy
5. Mark - Germany

Food For Thought

1. Goulash - Hungary
2. Yorkshire pudding - England
3. Frogs legs - France
4. Mulligatawny soup - India
5. Pretzels - Germany

Wild Kingdom

1. Siamese cat - Thailand
2. Giant panda bear - China
3. Platypus - Tasmania/Australia
4. Kiwi - New Zealand
5. Musk-ox - Canada/Greenland

Career Hotline

I need help. I just don't know what to do! There are so many different things that interest me and different areas that intrigue me. But which of those are applicable to today's society? Which one am I most suited for? Which area would give me the best opportunity of getting a job in today's economic situation?

I need career counselling!

Since November 1st, 1984, there has been a hotline set up by Alberta Manpower to help you with questions like this and much more. The first of its kind in Canada, it enables Albertans to receive career information by calling one toll-free number. The Career Hotline has been set up in response to the growing need for accurate, accessible career information which teens and adults alike can use to make informed career decisions.

The Hotline is staffed by four career consultants. They have information on federal and provincial job creation and training programs, directories and calendars for all the post-secondary institutions in Canada, literature on hundreds of occupations in the Canadian economy and much more . . . and they also have their own exper-

ience to draw on.

If they don't have the information you need, they'll research it and call you back, or give you the phone number of the appropriate agency that offers that service or information.

It's nice to know there are people out there who care and are willing to help you.

"One of the most rewarding parts of my job is knowing I can provide a service to nearly everyone at some point in their lives because everyone makes decisions that affect their careers. And we can be reached by phone by practically everyone in the province, no matter where they live."

That's how Jerri describes her job of providing career information to the public through the new Career Hotline.

The Career Hotline is free of charge to all Albertans. It can't find you a job, but it can give up-to-date information and referrals on just about anything related to career planning.

Just dial 0 and ask for Zenith 22140. In Edmonton, call 422-4266.

With the proper information and career planning, that big decision you have to make need not be as scary as it seems to you right now. B.F.

IYY: LET'S GET GOING!

1985 is your year and it's time to get moving and go for it!

International Youth Year is being celebrated around the globe, and Alberta teenagers have all kinds of creative options to make this year really count. And, yes . . . you can actually get money from the Alberta government to put your plans into action.

Let's take a look at the Project-Do Program. If you have a good idea and need the cash to make it happen, you can apply for a Project-Do grant. Local

or individual projects can receive as much as \$2,500; regional or multi-group projects, up to \$5,000; and projects that take in the whole province could receive as much as \$10,000.

Then there's the 1985 Youth Year Exchange Program. If two groups from different parts of the province want to exchange visits and share experiences for cultural, recreational or educational opportunities, each group can apply for as much as \$1,000 to pay for it.

The 1985 Youth Year Workshop Program is for such educational events as an information fair or bringing in a guest speaker. Your community could get up to \$2,500 to help sponsor the event.

The Alberta Youth Year Secretariat is also waiting for your nominations for the one-time-only Youth Year Awards. So if you know a teenager worth thanking for his or her contribution to an organization, the community or the province, here's your chance to give that person some well-deserved recognition.

And we hope you're planning a trip to Edmonton for the 1985 Youth Year Conference, Nov. 13 - 16. You'll get together with kids from all over Alberta (including Edmonton) for a great rap session and lots of fun!

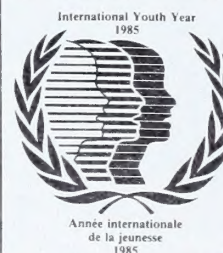
If you want to know more about any of the celebrations planned for this great year, or if you need application forms for grants for your own

projects, get in touch with these people:

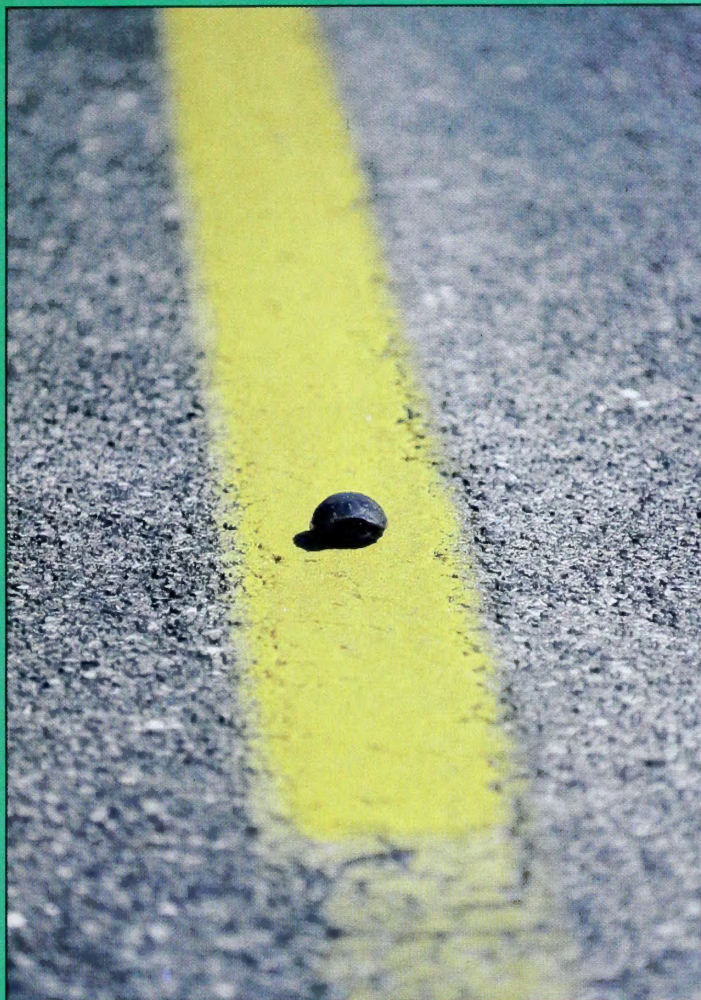
Alberta Youth Year Secretariat
Standard Life Centre
10405 Jasper Avenue
Edmonton, Alberta
T5J 3N4

Telephone: 427-0012

Our theme for this province-wide bash is: "Alberta's Youth: Young And Alive in '85." Let's prove it! Let's make 1985 a **very** special year by getting involved in the celebrations! S.T.



THE ZOOT ZOO



CAPTION CONTEST:

"IS IT A DOG OR IS IT
A SHEEP?
FOR ALL I KNOW IT MAY
EVEN PEEP!"

So writes the latest winner of our Zoot Zoo Caption Contest, Dianne Hanson of Craigmyle, Alberta.

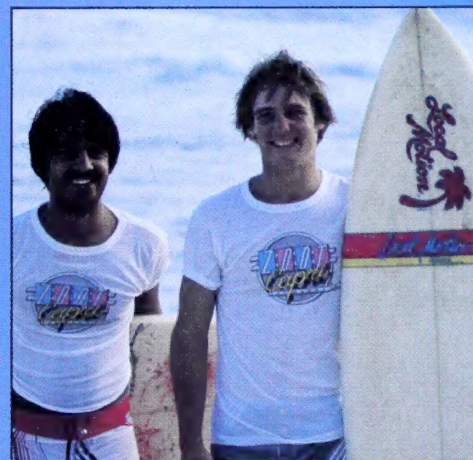
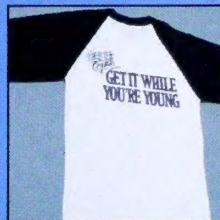
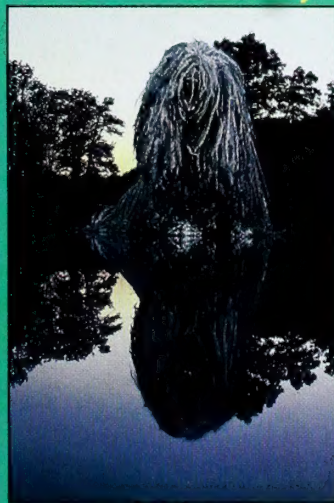
Well, whatever it is, Dianne, we thought we'd better let you and all the other enthusiastic Zoot readers know that once again, The Zoo is facing extinction.

That's right, Zooters, all the cute (?) animals that have been loaning us their mug shots for the Zoo pages are up against the wall, facing the firing squad. Without your help, they'll all go the way of the dinosaur.

So how about it, fellow Zooters! You're willing to try to save the whales . . . how about saving an entire zoo?!!

It's soooo easy! Just sending us your captions for the above still life will do it. And you could win a fabulous Zoot T-shirt, suitable for casual or formal attire.

And remember: we like to laugh, so make 'em funny, eh!



Get into Zoot.

You are simply not ZOOT without one of these top-quality ZOOT CAPRI T-shirts or baseball shirts.

They feature our ZOOT logo in ZOOT colours on the front and your choice of "Alberta Hot Kid" or "Get it while you're young" on the back.

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Solid Gold Performance

It took a lot of work, but it seems 17-year-old Andrea LeVesque of Grovedale has satisfied the high standards of the Duke of Edinburgh himself.

The Duke, better known as Prince Philip (the Queen's husband), has made it a lifelong mission to recognize energy, innovation and leadership in young people 6 to 25, the world over. Every year he bestows the coveted Duke of Edinburgh awards (gold, silver or bronze) on the people who exhibit those



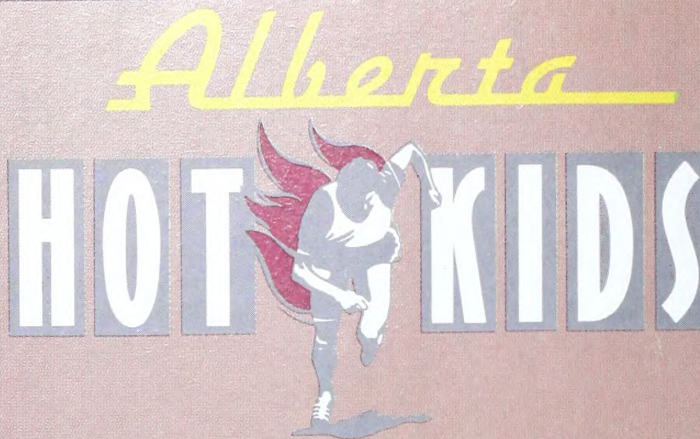
qualities and meet the strict requirements set out.

Andrea, who started working toward a gold award straightaway two years ago, has now met all the requirements, and will receive her medal from the Duke this summer in Calgary.

"Anyone can earn the gold if he or she works hard enough," she says. "That's the point of it — it's you against yourself! Once I get the gold, I'm still going to strive to get better. It's got me into new areas and has fulfilled many aspects of life."

The awards' requirements call for proven achievement in the following areas: sports (team and individual), expedition, leadership, community service, and hobby. Andrea has mastered them all. In sports, she competed in cross-country skiing in the Alberta Winter Games and coaches figure skating; in leadership, she became a Scout leader of a Beaver Colony — boys aged 5 to 7; she worked for a year at the Grande Prairie Queen Elizabeth II Hospital as a volunteer; her hobby is learning Spanish; and her expedition was a fossil-finding mission high in the Rockies of B.C.

Now that Andrea has dug fossils, among many other things, to earn this great award, she hopes someday to be digging again — the next time in people's mouths as a dentist.



You're Looking Swell, Dolly

Myra Neufeld, 17, isn't content just to play with dolls, she — *makes* them.

This creative urge started with her doll collection — not Barbie and Ken and Cabbage Patch Kids, but hand-crafted porcelain dolls, each a small work of art. She's got 26.

"A lady here in Okotoks was teaching a course in making dolls, so I took it," Myra says. "So far, I've made four. It takes about nine hours for each one."

And what a process it is. Hear Myra again: "First you get the greenwear. It's like clay, but harder, more brittle. You put that in a mould and then it comes out in the shape of a head. Then you cut the eyes out. Then you clean

the greenwear because sometimes there are little bubbles in it. And then you fire the greenwear in a kiln or special oven. That takes about 10 hours at a temperature of 2300°F. Now the greenwear is called bisk, and it shrinks, and you scrub it so it's really smooth. Then I put a kind of oil on the part I'm going to paint.

"You have to paint the eyes, eyelashes (really hard!), lips, cheeks, even the hair, finger nails and toe nails. After you've finished painting, you fire it again for another four to six hours."

Porcelain dolls are expensive to buy. Myra made one doll that could probably sell for about \$135. Indeed, some day she would like to make a career out of doll making, even open her own craft shop.

"It's just fun. But it is hard work. The painting is really difficult and you have to wipe it off so many times."

If The Shoe Fits, Throw It

Dawn Liska of Blairmore in the Crow's Nest Pass sure looks like a winner. A dead ringer, in fact. After all, she's one of the best horseshoe throwers to come out of Alberta in a long time. The 17-year-old won her first competition when she was all of 13 — and what a moment it was.

But not content to rest on her laurels, Dawn kept getting better to the point where she competed in the A class of the Canadian championships last year. She won 20 trophies in all.

"Each horseshoe weighs about five pounds," she says. "It takes a lot of strength to throw. If you're younger than 12, you throw 25 feet. Over 12 and it's 30 feet; the men throw 40. Most of all, however, it takes super concentration to hit the peg; all that goes through my head is getting the shoe around that peg. You have to block everything out. That took a long time to learn."

Such concentration has helped her hit the peg on half of all her throws! By practising two hours a night three times a week at the Blairmore Horseshoe Club, she's getting better.

Because she's so good, she's had to buy a good pair of shoes — not for her feet, but to throw. They're \$55 a pair!

"My parents paid," she says. "They're really behind me. They play horseshoes too. It's sort of a family tradition. It's for old and young players, that's what makes it so good."

Right now, Dawn is shooting for two goals: to get all her throws in one match on the peg, and to play in the World Championships. She's currently the second-best Canadian in her age group. And that's why the lady is a champ.





High Flyer Practises His Air Craft

At the age of 13, Jason McGillivray of Duchess commands a virtual squadron of airplanes.

His missions have taken him far and wide over the prairie around his town and, miraculously, he has been lucky enough to walk away unscratched from the occasional plane crash. The plane is usually not so lucky but Jason, who also builds planes, gets out his trusty hot glue gun and before long the aircraft is right again.

His planes, you see, are models, and he flies them by remote control. His newest one is five feet long, has a wingspan of four feet and costs \$800, no strings attached.

"It'll take me about a month to make it, about two or three hours

a day," he says. "I build them in the winter and fly them in the summer. And I ref hockey games and babysit to pay for them. My dad's got a share in the big one, too.

"There's a feeling of freedom when you fly. Each time you can try something different. You can try an outside loop, or inside, or a wing-over. I have a certain amount of power because I can make it do whatever I want."

He's not the only one in Duchess with flights of fancy these days. Jason and his Aeronauts took a class at school on how planes fly, then each of them bought plane kits, built them, and learned to fly.

"I was into remote control planes before the class," he says. "When we finished the course, our teacher took us to the airport at Brooks and we all went up for a real plane ride! I even got to control the plane. Some day, I'd like to do some private flying. You can get a licence at 16."



This Hobby Is For The Birds

Sheri Wilson's family are like birds of a feather — they stick together and collect, well, birds.

"We have two parrots and about 90 canaries," says the 13-year-old Calgarian. "Yes, we do live in a big

house. We started with one canary about three years ago, and then my dad started to like them, so we began breeding them."

Most of Sheri's efforts go into the care of her own parrot, Peppy, five years old and a beautiful greenish grey. In her first and only bird competition with the talkative Peppy (he says his name and "Pretty Bird" — vain creature), Sheri beat 50 other competitors for first prize — a certificate and rosette. What's more, she was the youngest person entered.

"The competition is judged mainly on appearance," she says, "and you have to bathe and feed your bird properly. Peppy needs care every day, including clean cages, fresh water and food, and frequent bathings."

Teaching parrots to talk, according to Sheri, is a matter of repeating something many times. Kind of like with little kids, only parrots are more likely to talk back.

Cricket And Kid: The Perfect Match

What do you make of a game played by men wearing white caps, white jackets, white trousers, white shoes and white goalie pads, who try to wallop a white ball with a white bat that looks as if it were flattened by a white steam roller?

And get this, the game is called cricket.

Well, as far as 15-year-old Shehzad Maheraly of Edmonton is concerned, call it anything but child's play.

Shehzad, you see, plays this baseball-like sport with men 15 and 20 years his senior. He's the youngest on a very good team, which clearly makes him very good, too.

"I used to play two hours a day back home in Pakistan," he says. "Now, in season, we play three matches a week and practice one day for about three hours. In my

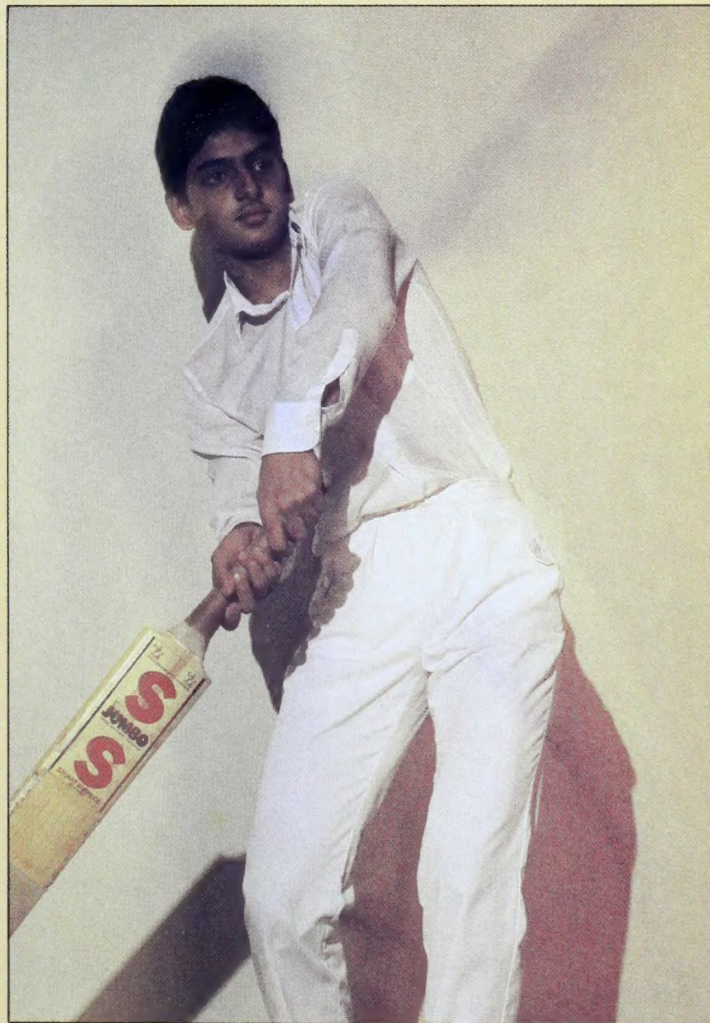
very first bowl, I hit a big shot and then another, so they don't mind how young I am. My cousin is my age and plays, too. I've played baseball, too, and I love it but cricket's my first love."

Indeed, Shehzad's mates regard him highly enough to offer him first bowling in some matches — a big honour, kind of like playing lead pitcher in a baseball game. Win or lose, though, he keeps it all in proper perspective.

"Well, of course it feels great to win, and it should," he says, "but when you lose you've got to find out your faults — what I did wrong, what others did wrong, and we talk about it. We try to balance the team for our next match."

Ultimately, Shehzad would love to play for the Canadian national team. But he admits he'll need another 10 years of seasoning. Until then, he'll keep trying to improve and look forward to the tea breaks that are part of the English tradition of a cricket match.

"It's all pretty civilized," he says.



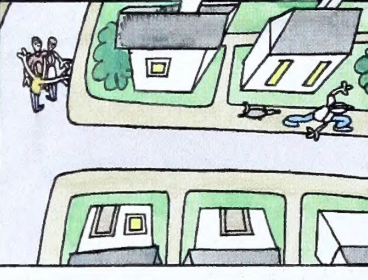
A Boy and his Friends

WITH BUCK DEWEY AND HIS DOG RADAR
© By Albert Pavlis

Buck's friends are all trying out for the school play and want him to join them.



Buck heads home only to realize he's been talked into trying out for the lead role.



What his friends don't realize is Buck's inane stagefright he's had since childhood.



Buck wallows in self-pity. He can't eat, drink or talk.

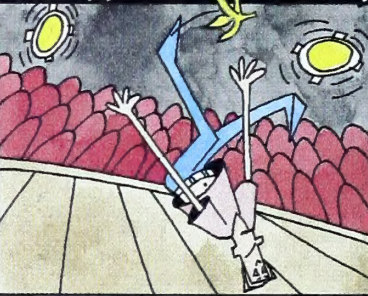


weeks later:

The day of the audition arrives. It's curtain call...



And Buck makes a fabulous entrance (with some help from his friends who have planted a banana peel)



In true slapstick tradition Buck improvises. He's a comic genius.



The cast roars its approval!

Buck and his friends celebrate, and this time it's Buck's treat...



Banana Splits for everyone!



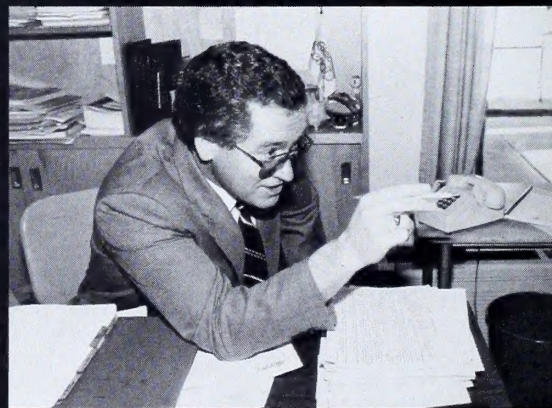
I call it "polar bear in a blizzard."



Wall breakdancing.



John Travolta is back!



It's the old dial-the-telephone-with-your-pen trick.

Edmonton is a dynamic city, so it's not surprising that their schools are fast-paced, too! The teens who attend them are always on the move . . . or at least that's what they told us at McNally Composite High School, where their slogan is: "At McNally, we don't dilly-dally." Just kidding, eh?



Music with sax appeal.



Just what I always wanted, a gift-wrapped locker.



The paws that refreshes.



This picture is really upside-down.



Mmmm. Peanut butter and bologna for the fifth week in a row.



With so many friends, who needs enemies?



Only the shadow knows.



With pursed lips I listened to my handbag's life story.



Studying math is such a Rush.



I can never beat this thing at tic-tac-toe.

by Greg Wilson

THE ZOOT INTERVIEW: FRANK OGDEN

What do you say to a guy who sees a connection between voodoo in Haiti and satellites in outer space?

On a houseboat shaped like a saddle in Vancouver harbour, lives a man with a vision of tomorrow. Frank Ogden sees today's technology changing the shape of our lives — yours and mine. Those who don't grow with it, he says, will be left behind. Frank's company, 21st Century Media Communications, monitors 142 satellite TV channels daily via a satellite dish. He sells video clips of information on just about any topic under the satellites to anyone who wants to buy it. But Frank Ogden hasn't always been a high-tech afficionado. He's been a mop salesman, a hotline talk show host, a deckhand on a banana boat, an LSD counsellor, a flight engineer, a tour guide, a helicopter salesman . . . and he's dabbled in voodoo.

(Zoot found Frank a real interesting guy to talk to, but we don't necessarily agree with everything he has to say.)

ZOOT: You spent a couple of years in Haiti. Is it true you actually walked on hot coals?

FRANK: No, the voodoo priests hold you in the fire . . . three times.

ZOOT: I suppose that hurts . . .

FRANK: No, I didn't feel a thing. They put your arms and your feet in. If you burn, you don't pass; if you don't burn, you pass.

ZOOT: And you passed?

FRANK: Yes.

ZOOT: That's amazing. What does this ritual signify?

FRANK: It means you have faith in the gods . . . you have superior powers that have been given to you by the gods . . . laws don't apply to you . . . and you're certainly more respected in Haiti.

ZOOT: How do these artifacts in your living room . . . these aboriginal spears, shields, this ceramic butterfly here . . . relate to all that sophisticated video-monitoring equipment on the other side of the room?

FRANK: Well, I think that by keeping a foot in the jungle and in high tech, you're really taking the holistic approach . . . because high tech is just an extension of that (butterfly). The Fijian warclubs, or the tambua for example, this sacred whale's tooth.

ZOOT: That's a big tooth. Where did you get it?

FRANK: The Fijian governor-general awarded it to me. They were having a problem with tourists, so I helped them by showing them how they could get more tourists. A lot of it was done at a place called Pacific Harbour near Dubs. Now, of course, it's a world-class tourist resort. Anyhow, I feel this (high-tech equipment) is just a modern extension of nature . . . and I'm not so sure that this whole evolutionary thing may

not be going from biological to a mix of the biological and high tech. We have people now who are 25 per cent bionic . . . with artificial hearts, knee joints, things like that. Someday, we're gonna have one who is 51 per cent something-or-other-than-human as we have thought of humans in the past.

ZOOT: I understand you have a robot living with you.

FRANK: Yes, Nabu. He's not here at the moment. He's out with Byron, my vice president, who is 9 years old by the way. He's teaching him Russian. Nabu has all the equipment to have an unlimited vocabulary in any language, so Byron is programming him.

ZOOT: He's a computer with wheels?

FRANK: Yes. A robot is basically just a computer with appendages.

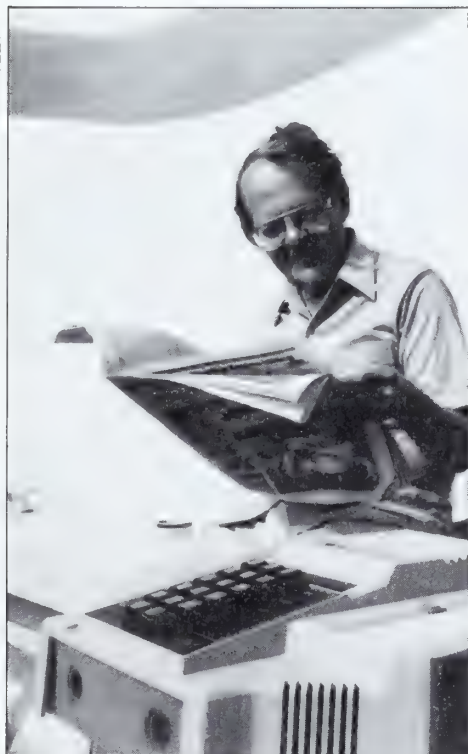
ZOOT: I'm fascinated by your houseboat. Why is it shaped like a giant saddle?

FRANK: It's based on the Fibanocce mathematical series.

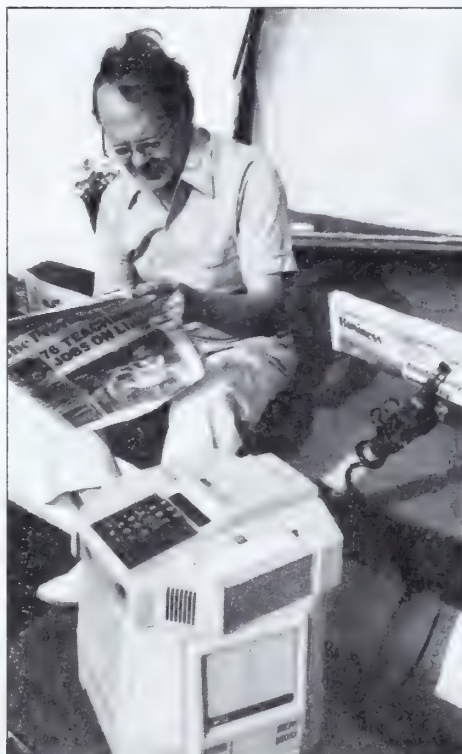
ZOOT: What is that?

FRANK: He was a 15th-century Venetian mathematician. Anything of lasting beauty follows this mathematical formula. It's in the daisy, the Triton seashell, the pillars of the Parthenon . . . it turns up in nature quite

PHOTOGRAPHS: LARRY GOLDSTEIN



You've got to learn to walk on quicksand these days and dance with electrons.



Can you tell me one school that has a class on futurology? They've all got a class on history. They're giving them the rearview mirror.



In an era of rapid change, the specialist rapidly becomes obsolete . . . and only the generalist who adapts can survive.

frequently. It has a lot of advantages. First of all, this houseboat is very strong. It can take 300 lbs. per square foot snow loading, it can take hurricane winds. It's actually made in a big waffle iron.

ZOOT: You've spent a lot of time travelling the Caribbean, Fiji, the U.S., Canada. Do you like to travel?

FRANK: Well, I just do what interests me. I was selling airplanes and helicopters in Canada, the U.S., Europe, Mexico . . . and I heard about LSD being worked on in British Columbia. So, I came out, and for seven years I was working in the research/therapeutic team at the Hollywood Psychiatric Hospital . . . and I found that fascinating.

ZOOT: Are you a doctor?

FRANK: No, I'm nothing. Nothing and anything. I feel that 10 or 20 years from now, people will look back on a university education that's specialized as a sign of brain damage. It kept them in a narrow rut.

ZOOT: Don't teenagers today have to aim at a specialized field to get a good job in the future?

FRANK: Oh no, I don't think so. Specialized education indoctrinates you into a certain way of thinking about a subject . . . the way your teachers thought about it, or whoever wrote the books you study. If you want to learn about the humanities, for example, go live in Hong Kong, or Bombay. In a relatively stable environment, specialists last for a long time, products last for a long time. In an era of rapid change, the specialist rapidly becomes obsolete . . . and only the generalist who adapts can survive. That's why a lot of specialists are finding out that much of their work can be done by robots.

ZOOT: How can a young person expand his or her horizons within the limits of affordability and freedom?

FRANK: Well, I travelled a lot and it didn't cost me anything.

ZOOT: Nothing?

FRANK: Well, I just went to Japan. I figure a way to earn my way. That can be washing dishes on a cruise ship or it can be . . . ah . . . I was doing some American newscasts from Expo, Japan.

ZOOT: Were you born in Canada?

FRANK: Yes, Toronto. But I lived in the States. At one time, I worked on banana boats in the Caribbean. Today, you've just got to find a modern way. The thing is, don't worry about planning too much. You can't plan anymore. My idea of long-range planning is lunch. There's such a rapid process going on now, you can't set a goal over there, because the process is changing. You may reach the same goal but it's over here now. For example, at one time, 98 per cent of all the people in North America were farmers, and that was a good goal to aim for in those days . . . but now there's only slightly over one per cent of people who are farmers, so now it's not such a good goal.

ZOOT: You've been quoted as saying, "Decide what you want and do it . . . Live it. Experience it. Don't look only at the narrow aspects of life. View the whole picture."

FRANK: Yes. If you become a professional, for example, what happens is that you're offered a fairly good-paying job, you get married, and

you're in a gilded cage. You go on doing that for the rest of your life. And you only go on a vacation say, two weeks a year . . . so you're not exposed to the realities because you're staying in an Americanized hotel. You never have the chance to live with the cannibals, or eat wickidy grubs. If you want to get into any special field, target sunrise industries. Get in when you're young.

ZOOT: By sunrise you mean . . .

FRANK: Something new . . . something that hasn't been invented yet.

ZOOT: Back in the '50s and '60s, mortgage rates were stable, people stayed in the same job their whole life. You got married, you stayed married . . .

FRANK: . . . and you went to school and you came out and the system had a job for you. Fooled ya, didn't we? A lot of students today are gonna be at home till they're 30. The old mass-production industries needed for the industrial age are no longer required.

*Greatest thing in
Canada this year is
gonna be in satellite
dishes — manufacturing
them, selling them,
preparing them.*

ZOOT: Do you think our high schools are teaching kids enough about the new high-tech age?

FRANK: No. Can you tell me one school that has a class on futurology? They've all got a class on history. They're giving them the rearview mirror.

ZOOT: Are you saying our subjects are outdated?

FRANK: Oh, yeah. Well, there's nothing the matter with 'em . . . if you learn it fast enough. But I certainly think you shouldn't spend as much time on the past as you should the future. You're not living in the past, you're going to be living in the future.

ZOOT: The future's changing rapidly.

FRANK: That's right, so you should be aware of that and learn how you can best adapt to it. You've got to learn to walk on quicksand these days and dance with electrons.

ZOOT: Let's talk about predicting the future. Here's another of your quotes: "Information: voodoo priests get theirs through a hierarchy of gods; we get ours through a hierarchy of technologies. But ultimately, they flow into the same belief system: if you get enough information fast enough, then you can predict the future. For instance, we have information about the moon, we predict eclipses. Nobody is mystified by that kind of prediction. And now that we can

get all the information we need instantaneously. . . ."

FRANK: Well, you can start out with predictions like the tides, the moon eclipses, things like that. We now have weather patterns . . . before, we couldn't look at the world and say it's raining here, it's snowing there. Now that it's all linked, we get a weather map. I can get an attachment for my satellite dish that will show me one constantly, 24 hours a day.

ZOOT: Predicting the weather is one thing: what about predicting events?

FRANK: Well, how about predicting fortune? There's one guy, Adanan Keshogi . . . he's now the world's richest non-royal Saudi Arabian. Every day he has a map prepared like a weather map. It tells him: sell the shoe factory in Afghanistan, and buy coffee beans in Brazil; move yen into shakela and then at midnight move them into zlotnicks; sell the ice cream plant here, buy textiles there. Everything's fed into his computer . . . like unemployment, tax changes, population ages, health, immigration . . . all those factors are fed in, so he can see all that. In effect, it's an economic weather map. You see, up until recently, our communication systems were so slow that nobody could see the whole picture. It's like if you see a cloud go by, but if you see it speeded up, you can see how it works. That's what's happening now; a lot of people in the information elite are seeing this and taking advantage of it.

ZOOT: For someone starting out right now, what kind of business or field has the most potential for the future?

FRANK: Greatest thing in Canada this year is gonna be in satellite dishes — manufacturing them, selling them, preparing them.

ZOOT: What about fiber optics?

FRANK: Fiber optics . . . that'll be *big*. I think the satellite phase may be on for five years, and then fiber optics, if the world's wired then, can handle more really than the satellite dishes can. So, that's two things. Others are . . . service industries. Like in Japan — there they've got robot nurses. They're better, and patients say that they're more humane than the standard nurses because they're always there, they never come in late, they never miss Mondays. They actually pick up patients, turn them over regularly, give them baths. They never put them in hot water because the robot sensor senses the water and says it's too hot . . .

ZOOT: Do you think robots will replace humans?

FRANK: Yes, to a certain extent. You know when the Ludites in England in the last revolt against technology in the weaving mills . . . they burnt some mills where they had these new weaving machines. Yet, within 10 years, because of the weaving machines, there were like 50 times as many weavers around the world because they had made cloth cheap enough that it could be distributed and sold. In the case of robots, I think the robots are going to displace a lot of people, until these new companies grow sufficiently and take up that slack, but it's going to take 10 years. I see it as a placid lake we've been on for the last 30 to 40 years, and now we're going through the rapids down to the next period of tranquility and stability. ■

DURRANT ON DRUGS

HOW IMPORTANT is it to fit in socially, to be liked and be accepted? How does a person's use of alcohol affect his or her popularity? In a world that seems to surround people with alcohol and alcohol advertising, these questions are worth a little thought.

In 1983, Albertans spent \$800 million to buy 226 million litres of beer, wine and hard liquor. That's about 100 litres for every man, woman and child. Since your baby brother and his friends are not likely packing away their 100 litres a year, some of the rest of us must be really getting after it. In fact, there is a small group of drinkers who consume an amazing amount of booze. They are usually adults, rather than teens, and they drink so much that they manage to mess up their lives in a major way. However, even if we forget about this group of problem drinkers for the moment, it is obvious that alcohol is a part of life for most adults. Not surprisingly, whether it's good or bad, most teens also have some experience with alcohol especially as they near the legal age of 18.

Now let's get back to the relationship between drinking and popularity. What does it mean to be successful socially, and what can alcohol really contribute to that success?

To me, social success means being able to feel comfortable and relaxed around different kinds of people. It also means having friends and people to enjoy doing things with. It means that other people find you interesting and fun. They like you, and you like them.

How important is it to fit in? It's tremendously important! If you feel you don't fit, you are always nervous around other people. You miss the support and good times that friends and other groups of people can bring.

Being accepted socially means a lot to people, and the companies that sell the clothing, makeup, cars, sports equipment, food and drink that comprise our social image know it. These companies advertise in ways that associate

their products with people who are good-looking, happy and exciting, and surrounded by friends who are also attractive, happy and exciting.

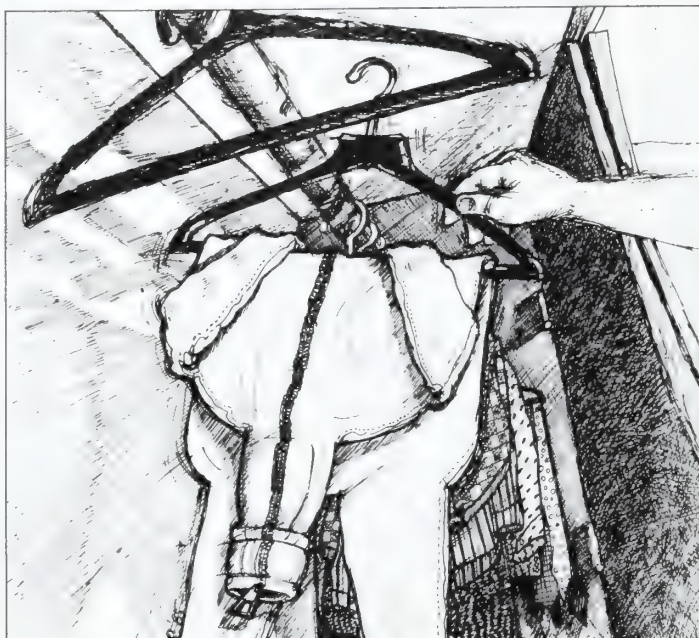
The problem is that you can have the right clothes, the right hairstyle, the right personal stereo, and you can eat the right snacks, drink the right beer, or even wear the right milk moustache, and still be unsure of yourself. You can be uptight about meeting people,

down whenever he went out with someone or went to a party. As a result, he never learned to feel comfortable in those situations, and it was a hassle for him for years.

Everyone has seen an example of mistake number two, someone who tries to be super-cool, or super-macho by getting drunk a lot. Their act is as easy to see through as any other attempt to

feel better. Confidence grows.

We tend to think that social success is magic. You've either got it or you haven't, depending on looks, talent, or money. We look at someone others seem to like, and we say that person is lucky. We feel there is something about him or her that the rest of us can't have. Well, I'm not going to try to convince you that good looks, a great sense of humor and a flair for style and fashion aren't helpful. These things are helpful because on first contact they make people interested in you. However, once we are past the first five minutes of a relationship, other things really make the difference in determining whether someone else will like you, and whether you will be comfortable with them. Few things are more disappointing than discovering that a great-looking person is actually obnoxious. Few things are more puzzling than a great-looking person who doesn't feel liked or attractive because he's unsure of himself and not at ease around other people.



clumsy in conversation, or downright lonely. You can also be someone who others would describe as boring, stuck-up, or immature.

The difficulties arise when we ask our clothes, or a new look in makeup and hairstyle, or our use of a case of beer, to be something it can't be. Booze will not make someone popular or attractive.

Some people, however, make a couple of basic mistakes. The first mistake is to try to use the relaxation produced by alcohol to take away nervousness or anxiety in social situations like parties. The second mistake is to try to be someone you're not by playing a phoney role based on a lot of drinking.

A few years ago, I had a friend who was a good example of mistake number one. Girls made him very nervous so he made a habit of having a few drinks to calm

look good by being phoney. Once again, people who try to use this approach create problems for themselves in the long run by never learning how to really be successful in social situations. You need people to like you, and you need to feel comfortable with other people when you're sober because that's how you spend almost all of your time.

It is important to recognize that much of our ability to be successful socially is learned. We actually have to practise. If I were to drag all the readers of Zoot Capri off to Hawaii for surfing lessons, most of you would be nervous at the thought of making a fool of yourself in front of others, all of you would screw up and fall off the board, and all of you would get better at it over time. Likewise, people in their first few date and party situations have got to be nervous; but with time, it starts to

THE BUSINESS OF LEARNING HOW TO GET ALONG IN SOCIAL SITUATIONS TAKES:

1. Recognizing the risks and taking a chance when meeting someone new or doing something new.
2. Trying to keep things in perspective — the risks often are not as big as they look, and others your own age are dealing with a lot of the same anxieties as you are.
3. Keeping your eyes open and learning by watching yourself and others.
4. Learning to listen — being sensitive to what the other person really finds interesting.

Using alcohol to try and make up for what we haven't learned to be comfortable with only slows us down and takes us off on the wrong track.

Ask someone what he likes about one of his favourite friends. His answer will have nothing to do with alcohol, cigarettes, other drugs, or any of many other simple behaviours that we often rate far too high in importance. ▮

A L B E R T A

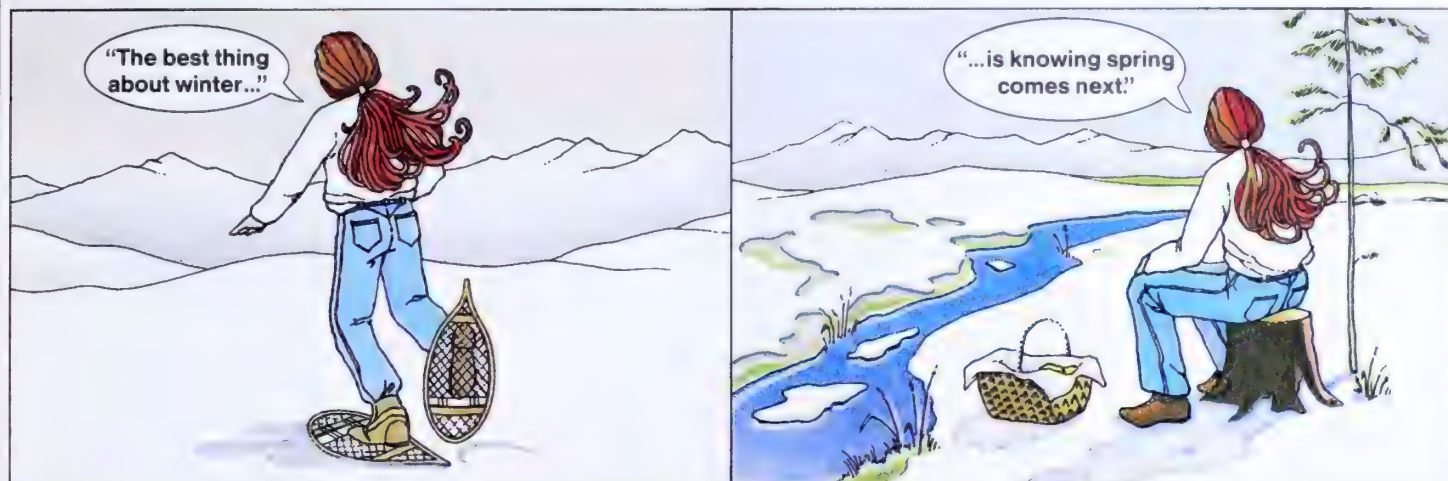
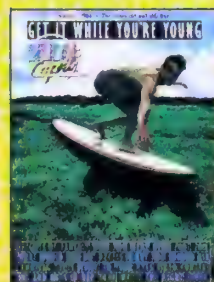


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ILLUSTRATION RUSS WILLMS

If you are worried about being able to find a job in the future, join the crowd.



urveys show that the No. 1 worry among teenagers in Canada is work. Kids who are about to leave school are the most concerned, but just about everyone says that they wonder about their ability to make it on their own out there in the “real world.” Will I be able to find a job that I like? Will I be able to find any job at all?

There is reason to be concerned these days. Jobs are harder to find now than they were in the past.

Even a good education doesn't guarantee a good job. There are lots of unemployed people with university degrees, so people get worried.

The reason for worry is simple. No work, no money.

If you don't have money, you can't buy the things you need, like a place of your own, food, clothes, a set of wheels – and maybe a car to go with them. Most important though, is that you can't be independent if you can't make your own money, and learning how to be independent is a big part of life.

So it's a good idea to get a good picture of what work and money are all about, because the game is a lot easier to play successfully if you understand the rules and where they came from.

To begin with, a lot of people don't understand money. They just know that they need it, so the question they ask is “How can I make money?” Having money opens up so many possibilities that it is easy to focus on the money itself and not clearly understand what money *means*. Exploring the origins of money will help you understand the work-and-money game a whole lot better.

WORK AND MONEY:

MAKING IT HAPPEN

— BY KEN LOW —

Money hasn't always been around. In the past, when people wanted something that somebody else had, they would simply trade for it. So if you wanted the local blacksmith to make a knifeblade for you, you would offer something to the blacksmith in exchange. The key to getting what you wanted was having something that the blacksmith wanted.

Suppose the blacksmith didn't need anything you had to offer, including your help, but you knew that he had a problem getting dates. He was always dirty and he smelled bad. You figured that some super-strength perfumed soap would really help his social life. You offered to get some for the blacksmith and he agreed that if you could get him some he'd go make you a knifeblade.

you trade the remaining soap to the blacksmith for your knifeblade. You finally get what you want but you had to do a lot of running around to get it. It would have been a lot easier to trade with people if there was one universal trade item that everyone would accept.

As it happens, there was something that nearly everybody was glad to get — gold. The reason for this universal acceptance of gold is buried back in history before anyone was taking notes, but people probably just liked the shiny metal because it was unlike anything else they were familiar with. It was easily shaped, it didn't tarnish, and was quite rare. So, since everybody would accept gold, it became a kind of universal trade item. Other things were used for trade in this way too — silver,

tricky business for governments because it involves a certain amount of faith in the system but, fortunately, you don't really need to have a handle on the complexities of national money policies at this stage of the game. What you do need is a good picture of what money means.

Money is simply a way of making the exchange of valued things more convenient. Money by itself has no actual value. Nobody but collectors want money for itself. People want money because of what they can do with it. Money is a way for people to conveniently exchange things that do have real value; products such as knifeblades and soap or such services as gathering plants or pulling teeth.

Money is produced by exchanges, and the ability to make money results from being able to provide other people with something of value. Good moneymakers are resourceful traders. Resourceful traders can offer a variety of things to different people and will not be stuck just because they don't have what a particular person wants at a particular time. Everyone has something to offer other people, but sometimes you have to look around for someone who wants what you have to exchange right now. With enough shuffling of exchanges and accumulating resources you will eventually be able to get what you want. The important thing is to *do* something.

Personal resources are increased by learning new skills or collecting potentially useful things along the way. In our story, the character didn't use the tooth-pulling skills that were picked up, but these added to future possibilities of doing work.

Work is simply any activity that results in something of value for others. The secret of finding work is having what other people might possibly value and then being able to give it to them.

People value a lot of different things. There is no limit to the amount of work that could be done in the world because there is no limit to what people might like to have. The problem is that a lot of folks don't realize how work is created.

Most work today is done in organizations. Organizations prepackage work into jobs that fit together into a coordinated activity. Each person contributes something of value to the overall effort, and what they are supposed

to contribute is figured out in advance. It is very important to be able to work cooperatively with other people (see *Low Zoot*), but this form of work has caused a lot of people to expect that *all* work has to be defined by somebody else. Without these things a lot of people don't know what to do.

Remember that all work is basically an exchange. When you work for an organization you are exchanging your efforts for a salary.

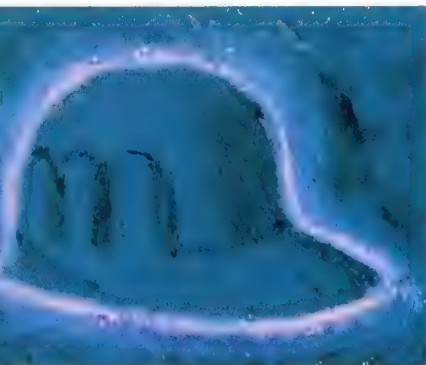
Organizations are in some ways like individual people. They can be persuaded to trade even if they were not actively looking for something. In our story, the blacksmith was not aware of a possible need for soap until it was pointed out. The healer knew she needed some plants, so she already had that possibility in mind, but the set of antlers was unexpected. The soap maker was probably aware of the need to fix up and clean out the pig pens but may not have given any serious thought to actually having it done until the offer was made. Organizations also have needs besides the ones that they have organized into jobs. Every time an organization buys anything they are stepping outside their own system of jobs to trade with someone who doesn't actually "work for them." So this gives you two possibilities. Either you can try for a job that has already been figured out or you can try to create work by providing a new product or service. Sometimes it is very hard to see what you could provide, but there is almost always something. It might be like cleaning up the mess left by the regular garbage service when they dump the bins, or pumping out huge puddles of water left in the parking lot after a rain. By doing irregular jobs like these, you can get a closer look at the organizations and they can get a closer look at you so that if anything bigger does come up you will be in a better position to go for it.

The people who are most successful at finding and developing work opportunities are usually people who take the time to develop a lot of contacts, and nothing impresses managers more than people who take initiative and do a good job without having to be supervised every step of the way.

Have you ever wondered why so many management jobs require a university degree? The increased understanding of the world that

CONTINUED ON PAGE 40

One of the best ways to sell yourself is to show people that they can't get along without you. This frequently means investing some time and effort "up front" without expecting to get paid for it.



So you go to the soap maker, hoping to trade. But it turns out that the soap maker doesn't need anything you have either. What she does need is someone to do something about a really bad toothache that she has. So you find a healer.

The healer agrees to show you how to pull a tooth but wants you to collect some plants for her in return. To do this you have to journey to the mountains. This takes you a further seven days, but as well as collecting the plants you also find a huge set of antlers. You know that someone is likely to have a use for them so you carry them back. You return to the healer and exchange the plants for the tooth-pulling lesson. You also offer her the antlers. She accepts them and in return gives you a gripping tool that will make it easier to pull the soap maker's tooth.

You then go back to the village to find that the soap maker's tooth fell out several days ago and she is feeling fine. Getting a little desperate, you talk the soap maker into letting you clean out and repair her pig pens in exchange for some soap.

After using some of it yourself,

beads, rare sea shells, cattle . . . anything that people valued widely.

Originally, money was just pieces of precious metal, gold or silver, that had been pressed into coins. For really big deals it was tough to carry around all of the necessary coins, so people would simply write notes promising to deliver the gold at a later time. These paper notes were the origin of paper money. Paper money was originally a bank note that promised to give the bearer of the note a certain amount of gold or silver if he showed up at the bank and demanded to have it. Banks found that most people didn't bother to do that because the paper notes were a lot more convenient and could be exchanged just as freely as the precious metal.

Eventually, people figured out that as long as everybody was willing to accept bank notes, the gold was unnecessary. Paper money became the medium of exchange. The system works pretty well except that things can get weird if very many people lose their confidence in the money. Keeping money acceptable is a

DESIGNS ON FRIENDSHIP

Zoot Capri announces its second visual contest!

The theme is friendship: what it is, what it means to you. Your entry can be anything illustrated that reflects a friendship mood and you can design it in any size or colour you like, even in black-and-white.

How about those times when you and your friends have been out doing things together and sharing the fun? How about when friends lend each other a helping hand? How about the feelings you have for your best friend — how can you show that? How about what it's like to be in a brand-new situation, trying to make brand-new friends? What builds a bond

between two people who seem to have nothing in common? The possibilities for illustrations have no limit, so we're looking for a lot of entries for this one!

There are a few rules, but only a few. To enter, you must be between 12 and 18 years old and live in Alberta. Your entry must be designed and made by you, and it has to deal with friendship.

There will be two winners — one male and one female —

and each will receive a beautiful (and we mean beautiful) Nikon L35AF. These cameras are almost completely automatic and handle film up to ASA 1000. And they're easy to load!

So take some time to think about friendship, put those mental images down on paper (or whatever) and send them in to us by June 1, 1985. Don't forget to enclose your return address.

C'mon! Show us your stuff!



Time. It can be on our side. It can be against us. It is God's clock.

Our fascination with time is endless. We remember the past, live the present and dream of the future. We shift our perspectives. We compare.

It wasn't long ago that gas-guzzling, wing-tipped, pink Cadillacs were all the rage. Now, as gasoline prices have soared, cars have shrunk in size. But their prices haven't.

For entertainment, we'd go to 3-D movies, put on our red-and-green glasses and then wait for Godzilla to scare us to death. Today, teenage contortionists are breakdancing on every street-corner. Or at least trying to.

We may not be able to literally see time pass before our eyes, but we can see the creative results.

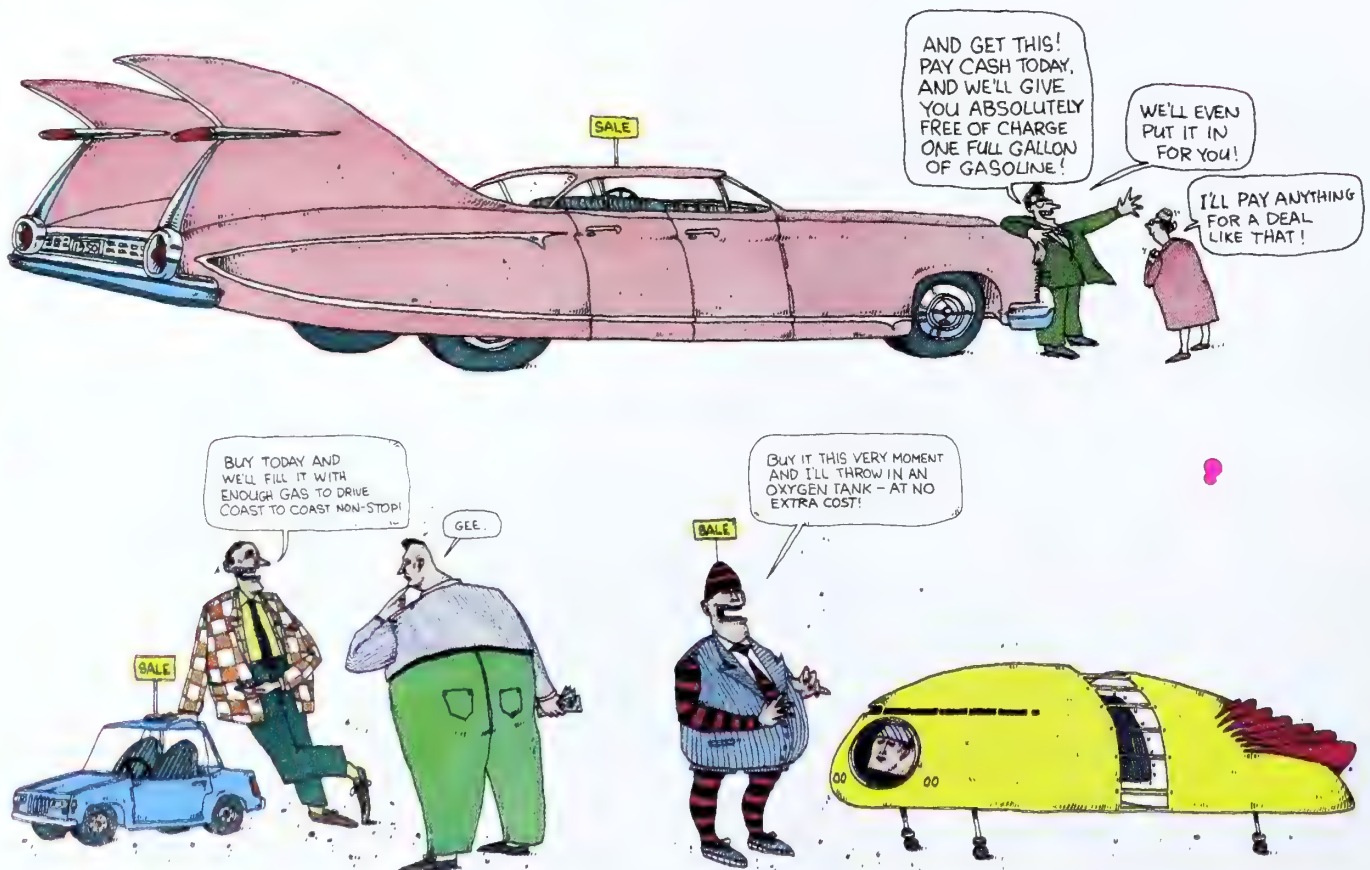
Creations are the benchmarks of time.

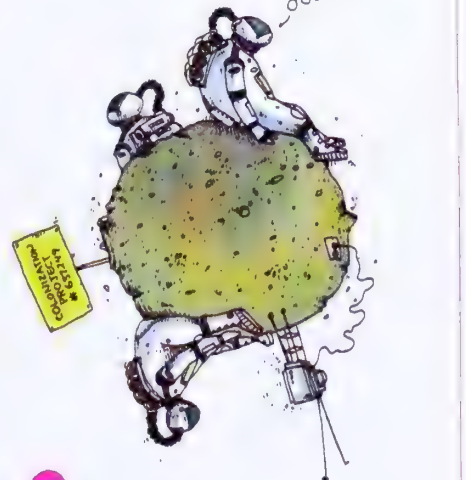
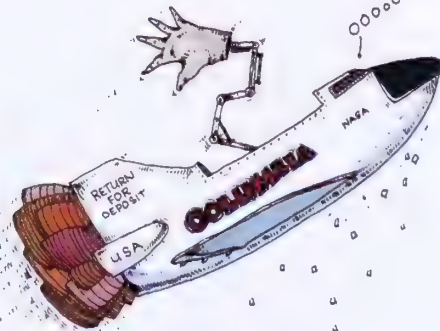
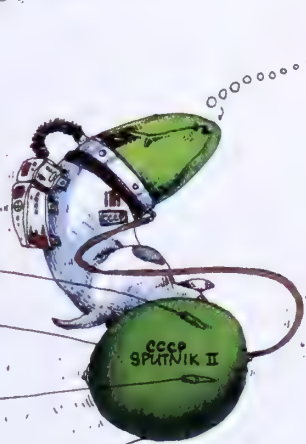
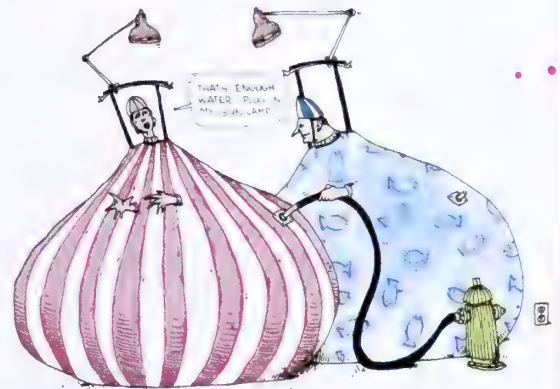
We create technology to move us forward, we create fashion to move us in style and we create music just to move. We can create language like "grotty to the max" and "totally awesome."

So as we sit here in 1985 and watch the ever-changing face of time, there are some things we can be sure of: that creativity will alter the who, what, where, when and why we do things and, if we're lucky, wing-tipped, pink Cadillacs won't come back.

PINK CADILLAC

An off-the-wall look at the past, present and future by cartoonist Steve Attoe.





Q. When is a drug not a drug? A. When it is formed inside the body.



Home-Brew

This is one of many riddles which makes the human body the fascinating item that it is. The body has the ability to form complex substances from simple organic building blocks which regulate, stimulate, and facilitate some of the most important aspects of our lives. Let's look at a few examples.

Scott is always in a good mood. He enjoys knocking around with the guys, he likes sports and although he has other preferences, he doesn't mind studying. From time to time, he has bad days. Things don't always go well for him but he seems to get over it quickly. Marvin, on the other hand, is often depressed. He doesn't get along well with the kids at school, doesn't enjoy much of anything. When things go wrong, he holds onto disappointment for a long time.

Cindi and Angela were very much the same through elementary school. Cindi has not changed but Angela has. She is tall and shapely. She has the rounded curves that indicate she is very much a young woman. Cindi feels like a scarecrow.

Mark is big for his age — not really tall but heavily muscled. He is hairier than most of the other guys. John is about the same height but weighs a lot less. He looks like a skinny kid. Mind you, he is fast and agile. He is always picked first in games. Mark could probably twirl John over his head.

How do we account for such differences? Heredity is certainly a factor. So is environment, such as what you eat, how active you are, the presence of disease or injury. All of these influence the production of substances which regulate mood, growth, sexual development and strength. Some of these substances can be isolated or synthesized outside the body. When they are, we call them drugs.

Perhaps the most well-known substance introduced into the body when large enough supplies are not available is insulin. This substance is normally produced by the pancreas and is necessary

to allow the body to deal with sugar. For all of you Trivial Pursuit fans: two scientists working in Toronto, Banting and Best, are credited with the discovery of insulin and demonstration of its beneficial effect on diabetic dogs

and humans in 1921 and 1922.

A very recent discovery may help to unravel mysteries as diverse as "runner's high" and the ancient Chinese therapy known as acupuncture. The substance, or, more accurately, several closely related substances, are called endorphins. They are produced by the brain and are very similar in structure and effect to the opiate drugs. They have a pain relieving effect when they are released in the body. Runners and joggers have reported a "runner's high." This is defined as a euphoric sensation experienced during running in which the runner feels a heightened sense of well-being, enhanced appreciation of nature and transcendence of the barriers of time and space.

After the establishment of the Republic of China in 1947, the West had very little communication with China for many years. When relations with China began to warm up, there surfaced fascinating accounts of operations taking place with patients fully conscious. The only pain relief offered was the use of an ancient technique called acupuncture.

Metal pins are inserted at very specific points on the body and the pins are twirled. Western medical theory had no way of accounting for such unusual practice. We now think that the production of endorphins may be one factor contributing to an explanation of how acupuncture works.

There is also some evidence to suggest that endorphins may influence mood. Running and jogging have been used to reduce anxiety in psychiatric patients and as an effective treatment of depression and perhaps endorphins are part of the answer.

Fear is a sensation that all of us have experienced. The body's response to fear and excitement is similar. Our heart beats faster, our hands become sweaty, and we become more alert. This is the way the body responds when adrenaline is secreted into our blood by the adrenal glands.

This "fright and flight" response was very useful to mankind in our not-too-distant history. It helped to be ready to run like crazy when we were frightened. It probably got us out of a lot of scrapes with wild animals or unfriendly strangers. Nowadays there are probably as many things to frighten us but we don't usually respond physically. Physical activity tends to eliminate these substances from our blood and without it, the substances stay

longer and stress builds up. People in highly stressful work often feel the need for the physical relief that exercise can give. We might well pay attention to the messages our bodies give us. When our hands are sweaty, our heart pounding a bit — think *flight* — your body is! Assess the situation. You can decide to try to either normalize the situation or use the excitement to your advantage. Getting pumped up for a game, a race, a test or an interview are ways of using excitement to help you.

One of the most important production centres for substances in the body is the pituitary gland. You probably don't appreciate your pituitary gland nearly enough. When you hear what it does, you will hold the pituitary gland in much higher regard.

The pituitary gland is a small, oval-shaped gland situated beneath the brain. It secretes hormones that promote growth and it stimulates other glands — such as the ovaries in girls and the testes in boys which are responsible for sexual development and reproductive ability. One of the pituitary hormones, the growth hormone, is used as a drug in treating some forms of dwarfism when there is growth hormone deficiency.

At puberty, the pituitary gland starts secreting larger quantities of growth hormones and for the next few years our bodies grow in size and strength.

Secretions from the pituitary gland also start the process towards sexual maturity.

The process includes the further development of the sex organs and the appearance of secondary sexual characteristics including body hair, more muscular bodies for boys, and more rounded bodies for girls.

These hormones can be administered to people for medical purposes. The birth control pill is made of hormones that are used to prevent pregnancy. The male hormones (anabolic steroids) have limited use in specific medical conditions, however, their use by athletes has led to some embarrassing situations at international sporting events. Anabolic steroid use has been banned by most international sporting agencies. Athletes believe that the hormone will help to build muscle mass and strength, but there is evidence that

CONTINUED ON PAGE 42



ILLUSTRATION: MARIE-JOUE GAY

ved Drugs



HIGH ZOOT

YOU KNOW A SMILE NEVER GOES OUT OF STYLE • SO BRIGHTEN UP THE ONE YOU WEAR • LET IT SHINE

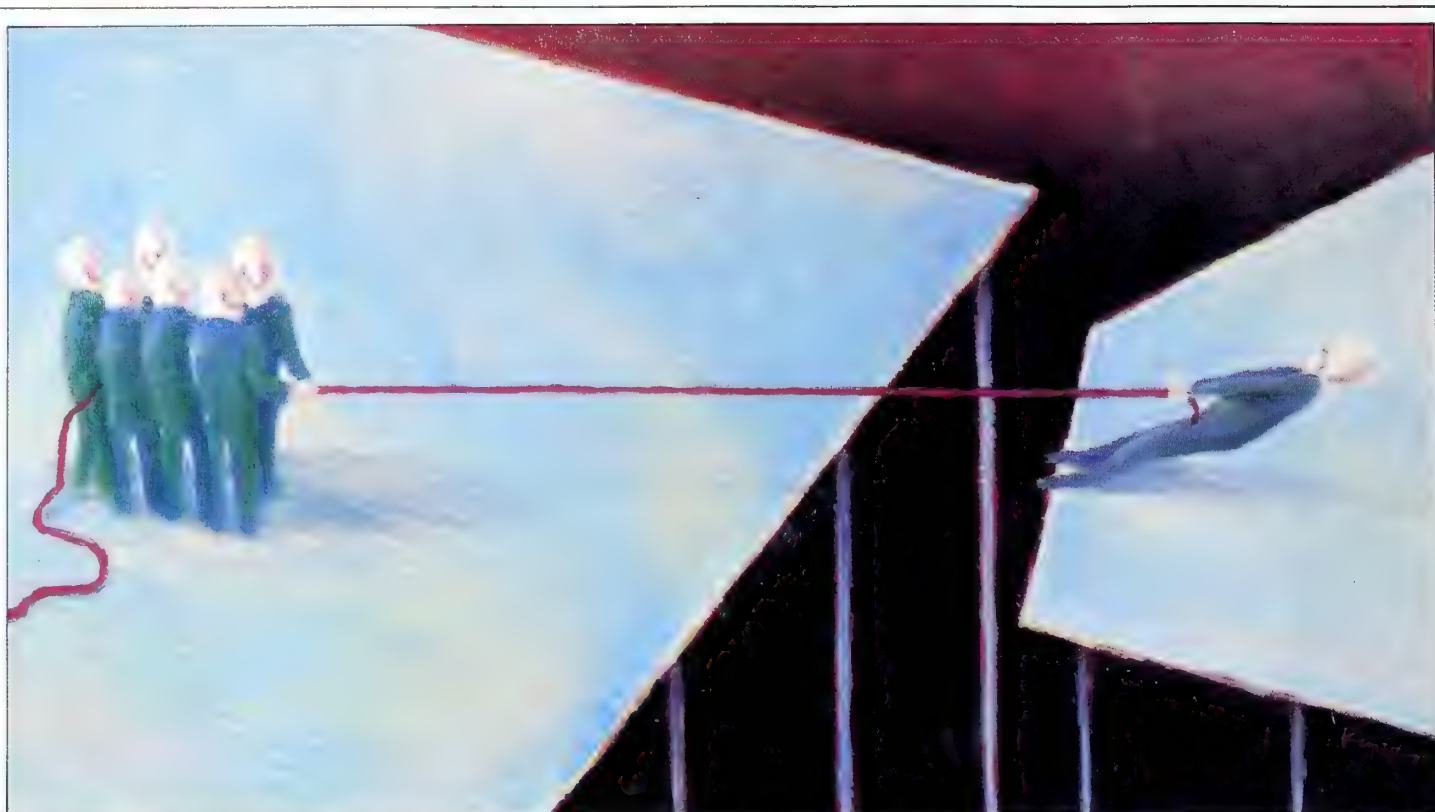
Lyrics - Oakridge Boys
PHOTO - CURTIS DEGLER



HIGH ZOOT

YOU'RE STILL THE SAME • YOU STILL AIM HIGH • SOME THINGS NEVER CHANGE • YOU'RE STILL THE SAME

Lyrics - Bob Seger
PHOTO - DANIEL FORSTER



GANGS:

we can't live with them, and we can't live without them.

"Hey, I'm just one of the gang. Yessir, I'm a regular old gangster."

"The A-Team is just a fantasy trip. Even if they do spend all their time helping people who are in trouble, they are still outlaws and shouldn't be seen as heroes."

"The Guardian Angels [a youth volunteer security group that patrols the streets in some U.S. and Canadian cities] are seen as unwanted vigilantes by most authorities and a welcome presence by many people in the streets."

The reason for this two-sided view of gangs is power. Gangs, teams, organizations or other cooperative arrangements between people are ways of increasing power. People acting together can accomplish things that would be impossible for one person to do alone. The above examples all deal with security, which is one of the most basic reasons for banding together. You can feel the reason why people like to be together with their own touch when you are walking in a

tough part of town. When you are with a group of your friends you are likely to feel much better than if you are alone. Likewise, if you are alone, coming across a gang of other kids is more likely to make you a bit nervous than meeting just one person.

Security may have been one of the first reasons for people to band together, but it soon became obvious that cooperation is useful in every area of life. At this stage of civilization almost everything we do involves teamwork. Look around you now: it is unlikely that any object that you see could have been made in its entirety by one person. Teamwork and interdependence is a basic fact of life, but it is something that causes mixed feelings, and many people never learn much about how to create teams or make them work.

Anything that increases power is attractive and causes people to be nervous at the same time, because anything that can be used to do constructive things can also be used to do destructive things. The personal forces that guide power — things like initiative, wisdom, care and responsibility — have never been well understood.

Without a clear picture of the mechanisms that control power, power itself becomes a source of concern — but we can't live without it.

Power is basic to all life. All living things have powers. Power is simply the ability to change oneself or the environment. Power is always present in varieties and degrees. The more changes you can produce, the greater the power. Most animals have "pre-wired" powers or instincts that develop more or less automatically and don't change much from generation to generation. We humans develop many of our powers through learning and exploration.

Society's mixed feelings about power are pretty clear to most teenagers. Many adults seem to expect youth to become responsible without ever being given the chance to handle real power. Although youth today get more years of schooling than any other generation, and this education is supposed to be a preparation for life, the origins of real power are seldom discussed, and they are almost never practised.

The avoidance of power issues

is not a conspiracy against youth, it is a general human problem arising from our basic design.

Life is a mixture of competition and cooperation. Power in other people's hands causes nervousness, especially if the other people support a different team. They just might use their power to produce changes that we won't like. History is full of examples of powerful groups messing up or destroying other peoples' lives. So, ways of developing real power are not usually kept up front for everybody to see. We don't teach everyone how to create teams for much the same reason that we don't teach everyone how to ride motorcycles. We are not sure that everyone could handle it without creating problems.

One of the most powerful gangs in history was set up about 750 years ago by Genghis Khan, a Mongol tribal chieftain. Genghis Khan united the Mongol tribes into a very effective fighting force and created the largest empire the world had ever seen.

The Mongol armies were successful mainly because they were better organized and had more

CONTINUED ON PAGE 44

L O W Z O O T

CONFIDENTIAL
SERVICE

CONFIDENTIAL
—CALGARY

So, with all that in mind, volunteering seems like a pretty good deal. You invest your time and receive the experience of your choice, respect, self-knowledge and a greater understanding of the world around you. And the time you spend would probably be frittered away anyway. Oh, yeah. I did mention that it could lead to a paying job. Well, that was the case with Angela Falk, who started volunteer work at the Calgary Children's Hospital. When they decided to add staff, she was already there. She now works full-time and is on her way to a career in radiology. ■



Angela Falk 18
Calgary Children's Hospital
Tolerant because it would be good experience. I wanted to work in a hospital and they put me in radiology at Children's. It was good experience and I knew I'd like it."



"... If this is a summer game, Gail, why are you dressed like the Michelin Man?"

A COLD, HARD LOOK AT THE PERFECT SUMMER GAME • THE SCAVENGER HUNT • BY BOB GUMBY •

M

Amazing as it may seem, even your local TV weatherman knows winter when it bites him. And, being the perceptive fellow that he is, he knows that winter, in a word, is *cold*. Which is not to say that winter, in all its arctic splendour, is not a time for fun and games, provided your idea of fun and games is scraping your tongue off frozen steel.

Your intrepid editor, Kim Robb, however, is perhaps the only living Canadian who does not yet know that winter on the Prairies is often similar to the inside of a meat locker. Being so busy, Kim has never had the chance to consider winter's icy blast from the cozy confines of her 24th-floor Zoot office.

So how, then, could she possibly realize the serious lack of wisdom in assigning this reporter the enviable task of organizing a scavenger hunt in bleak midwinter? As Kim herself told me, "A scavenger hunt is a great alternative for kids who are looking for something different to do in the summertime." The key word here is summertime — you know, warm breezes, flowers, hot sun, that sort of thing. A great time for a scavenger hunt.

Winter is *not* a great time for a scavenger hunt. Trust me. The first time we tried, it was minus 25 degrees and one kid showed up. He got an ever-popular Zoot T-shirt for his effort and your reporter only lost two toes to frostbite — a small price to pay really.

One kid does not a scavenger hunt make, however, so Kim, safe behind her eight-acre desk,



"Okay... so Cabbage Patch Dolls aren't on the list, but this must be worth something."

AKIN' A LIST, CHE

issued the assignment once again, this time in January, a month also remarkable for its tropical qualities.

This time we were blessed



"Used gum! Gross!"

with a blazing sun and a sweltering 7 degrees, practically bathing-suit weather. Better yet, 25 eager scavengers from the brand-new Wilma Hansen Junior High School in south-east Calgary arrived on time. At last, all of us would discover what Kim already knew: scavenger hunts are just the thing to make the most of a hot summer day!

In the animal kingdom a scavenger, as all you biology buffs should know, eats the leftovers left by other animals. A vulture, for instance, is your basic scavenger. The object of a scavenger hunt, as you might imagine, is to collect the leftovers of those animals you and I call people. Not necessarily old pizza crusts and mislaid sesame seeds, mind you, but anything that might happen to appear on the most fundamental tool required for any scavenger hunt: the list.

Fortunately for the brave competitors from Wilma Hansen Junior High, Kim did not write the list. Otherwise they'd still be looking for such everyday items as flannel pantyhose and Sanskrit scramble boards. Luckily, that job was left to someone with a feel for the event: me.

Here, then, is the list handed to each participant from the bastion of school spirit, Wilma

Hansen Jr. High:

Surgical gloves (10 points)/ pair of dice (5)/snapshot of a family (7)/ green button (1)/

in it (7)/ jigsaw puzzle piece showing sky (10)/picture of Sir John A. MacDonald (10)/cattail (plant) (10)/four-leaf clover (25)/housefly: dead(7), alive (25)/stamp on hand (5)/broom bristle (2)/golf tee (2)/box of wooden matches (2)/pre-1965 penny (10)/roadmap (1)/red candle (2)/copy of Zoot Capri (25)/dead Duracell battery (7)/postage stamp from England (10)/model airplane propeller (7)/ flat skipping rock (1)/bird feather (5)/dry chewed gum, three colours (3)/election pamphlet (10)/ 5 different pop-bottle caps (5 each, 25 total)/disposable diaper, preferably unused (7)/ 3-D glasses (10). Possible grand total: 251 points.

Three equally-sized teams were quickly picked and asked



"I wonder if this is how the Avon lady feels?"

to give themselves a name. One team dubbed itself The Wolf-pack, another The Warriors, while the third team confidently took the name The Winners. John Dyer, the school's principal, misheard the name and wondered aloud, "There must be a mistake; why would they call themselves The Wieners?"

That done, we ran through the list just so everyone understood what it was they were supposed to get. As we came upon bird feather, worth five points, I noticed two members from the Warriors boldly assessing the brightly coloured plumage of

the school's parakeets singing happily in cages in the foyer.

A scavenger hunt is really a race. And the rules are simple: with list in hand, knock on the doors of houses and ask whoever's home if he or she can spare any or all of the items required. The first team back with all the items on the list wins. But often a team is unable to find everything on the list, as was the case with our hunt, so then it becomes a matter of who gets the most points.

On signal, each team headed out into the surrounding neighbourhoods like a pack of foraging dogs, the vision of a victory Zoot T-shirt dancing in their heads. The time limit was two hours.

Two hours, as it turned out, was about one hour too many. All the teams were back at the school well within the deadline, emphasizing the need for a longer list or a shorter time limit.

One enterprising group made efficient use of their time by dividing the team and the list into quarters, each small group taking part of the list. They then staked claims on different streets so other members from their team wouldn't end up knocking on the same doors.

Another team invaded one house and spent a good 30 minutes searching high and low for nearly everything on the list. At one point, relay runners were going from that house to the next and back as the bag of loot bulged bigger and bigger. When an encyclopedia failed to produce the required picture of Canada's first prime minister, Sir John A. MacDonald, one bright competitor remembered

that the great man's image appears on \$10 bills, dug into his pocket and saved the day.

Aside from a live housefly (garden sheds had plenty of dead ones) and a four-leaf clover, a copy of Zoot Capri was the most difficult item on the list to find.

"Zoot Capri," said one mother in her kitchen, "what on earth is that?!" Once told, she blushed and said, "Oh,



"Huddle up! Long bomb on two, ready... break!"

me and my big mouth."

The Warriors were the first team back, claiming they had collected everything on the list. They did manage to find a Zoot but their four-leaf clover was hand-drawn and had seven leaves. They got a point for effort.

CONT. ON PAGE 42



"Presenting the Wilma Hansen school uniform for 1985..."

CKIN' IT TWICE

Baggie containing pencil shavings (5)/onion Oxo cube (2)/ thimble with hand lotion





INFORMAL

Fitness

BY WAYNE MCDUGALL

To tell the truth, for me exercise **used to be** a side-effect to more stimulating pursuits. Take hucking snowballs at passing buses.

THWACK! Direct hit! That distinctive bang against the billboarded bulwarks of a city transit bus. Nothing quicker to make a portly driver so steamed he's willing to hurl all 200-plus lbs. of flabby fury into a heated chase.

Or just try stalking the biggest bruiser in sight, then criticize the dimensions of his sideburns. A sure-fire elixer for tired blood or just plain boredom.

No question, an accurate snowball, hurled with fierce power at a moving target, will trigger a leap in adrenal flow, coupled with lightning motor reflexes.

Trouble is . . . just that.

Getting a sustained amount of such activity is definitely dangerous to your health. There is no need to make a friend of fear. Why chance running afoul of juvenile authorities, school principals or your parents — just to cash in on the fitness craze?

No matter how you look at it, it all amounts to the same thing: getting your spirit going to make your body move. Herein lies the biggest problem — motivation.

$E = MC^2$.

Einstein was right! **Energy** equals **Motivation** plus a little **I Can Too**.

But what's this all relative to?

Well, absolutely anyone who has the energy to get fit **can** get fit and have fun doing it. Some joggers even claim to get "high" on a long run.

Yet it isn't just a matter of how much you do, but how you do it and

who you do it with. Remember, two's company and the more the merrier.

You have to admit that few close friendships get started in the quiet corners of the school library. They're more likely to spark on a paddle boat, a broomball court or a hiking path.

No one can really give you sound advice on how to actually get a group together, but here are some hints from an unlikely source once you do.

What you're really looking for is what any math teacher would call

It's amazing the chemistry that can bubble up when you get a group together for fun and fitness.

a common denominator. In other words, an activity in which everyone can participate, regardless of size, sex or sports savvy.

Case in point: football. Let's go with what must surely be the most macho, bone-crunching game since Spartacus hung up his shield.

Obviously, the trick is to alter the rules to compensate the odds of physical inequity. No use turning your first sports group adventure into a battle of the Christians versus the Lions.

Such was my own dilemma when I first gathered the nerve to propose a friendly touch football match among a bevy of friends who ranged from a dead-ringer for Arnold "The Terminator" Schwarzenegger to a girl who still got into the movies at children's prices.

But necessity being the mother

of invention (and just as surely as Newton discovered the law of gravity when Mother Nature dropped a red MacIntosh nuggie on his skull), I was struck by an idea. Actually, to stick to the facts, it was an orange plastic frisbee I caught on the side of my head that made something click. "Okay, Morris, you can play on Arnold's side, but we're changing the rules a bit." Thus was born the great frisbee football match. Instead of playing with the ubiquitous pigskin, we substituted a frisbee.

I can proudly report that a good time was had by all. Moreover, Arnold's clone and the petite girl I mentioned later got together for more than a few Saturday movie matinees.

Maybe it was because she went for the long bomb and took the spinning disk in for the touchdown. Whatever. It's amazing the chemistry that can bubble up when you get a group together for fun and fitness.

Just keep in mind, diversity is the Gatorade of the active life. Don't limit yourself to the standard competitive sports. Be creative. Imagine if you organized a horseback trail ride and asked everyone to come as their favorite equestrian. The Lone Ranger? Princess Margaret? Lady Godiva? . . . well, perhaps not the last one. But I rest my case. Get into being fit. It's the shape of things to come.

NOTE: Before you lace up your sneaks, why not dream up a game or think of how you can modify an existing sport for maximum people pleasure. Write down your ideas and send them to me, care of Zoot. Next issue, we'll publish the best . . . just in time to beat the summertime blues.

ILLUSTRATION MARK SCHOFIELD

PARTY-KINDA GUY

THEY CALL ME MR. PARTY, YOU KNOW I WOULDN'T LIE
'CAUSE ON SATURDAY NIGHT, I'M A PARTY KINDA GUY.

ZITS ZANTINI, 1985

Tired of that same old Saturday-night party? Sitting around that same old basement with that same old gang waiting to play that same old spin-the-bottle? Well, now you can turn those same old, "oooooh, who wants to kiss Herman with the big lips" Saturday nights into fun-filled, "oooooh, that Herm, he's too much" Saturday nights. How? It's easy thanks to my Theme Parties.

After years of intensive and extensive research, I've come up with six "can't miss" theme parties. And now, for a limited time only, I'm going to share these surefire ideas with you.

ALOHA

Ever wanted to travel the world but thought you were too young or didn't have enough spare change lying around to afford it? Your troubles are over. Now you can get wanderlust every Saturday night by arranging your very own Tourist Party.

Imagine travelling by rail to New York, flying the Concorde to London or taking the slow boat to China. Now you can do it. And at your place! Invite your friends and tell them to come dressed as tourists visiting their favourite countries in the world. There are lots to choose from so there are no excuses.

And don't forget Alberta. From what I hear, there are thousands upon thousands of Hawaiians lined up to visit Edmonton next January. For some real "island" fun, why not pretend to be the one stepping off the plane and then being hit by a wall of freezing arctic air. Aloha-haha . . .

GET IN THE SWIM OF THINGS

What do Cheryl Tiegs, Christie Brinkley and I have in common? We all wear bathing suits, of course. And now you can, too, simply by having a Swim Suit Party next weekend.

One of my favourite ideas is to remove the furniture from the basement and then flood it with the garden hose. Your parents will love you forever, and so will your friends because they'll think they're in Jamaica, man. Don't tell them they're not! Dig out a few old air mattresses and the party will keep afloat for hours. But keep in mind that swimming parties aren't for everyone. Make sure they suit you.

EMERGENCY!

I've never been very lucky when it comes to games. In fact, some people have told me that I was the only guy they knew who could play doctor and lose. Well, no more! Now I have doctors and nurses

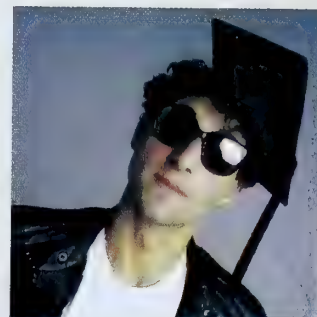
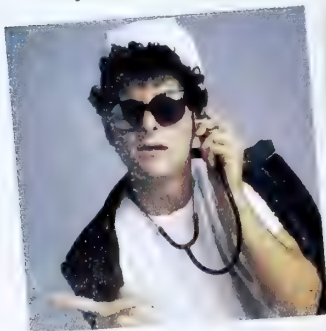
coming to my Hospital Parties to test my patience all the time.

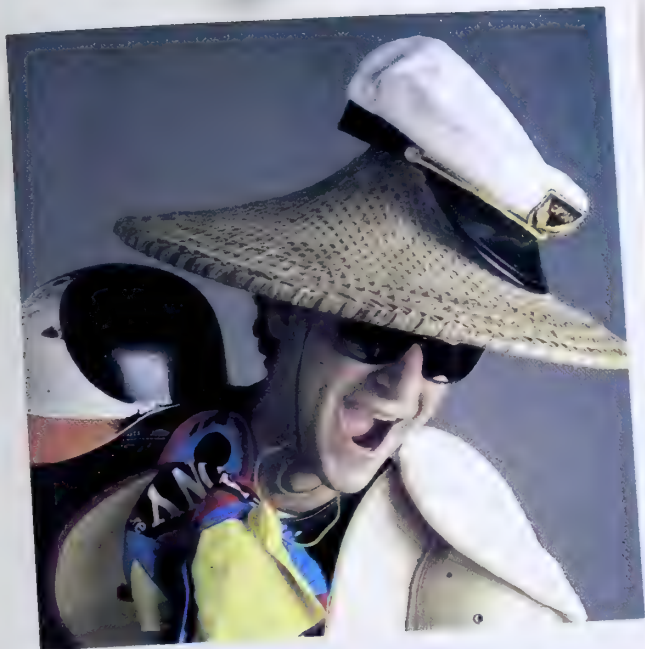
Think of the hilarity of asking that special someone if you can operate on their funny bone or cure them of Saturday Night Fever. A lot of hospitals invite special groups to entertain the ailing. Why don't you? Ask your friends over from the school play so that you can have a "cast" party.

HAT TRICK

Have you ever noticed how a hat can change the personality of someone? Put an Oiler's cap on a guy and he's Wayne Gretzky, a ski toque on a girl and she's Gerry Sorenson. Now if you want to become a personality, put on a Hat Party. It will be a Saturday night your friends won't forget.

Tell them there is a prize for not only the best hat but also for the best case of hat-head (hat-head, of course, is that strange affliction that attacks your hair after wearing a hat too long. The condition





becomes even more serious if your hair is wet before putting your hat on).

Here's a suggestion from old Zits on a prize for best hat. Get a great big ten-gallon cowboy hat and then stuff Morris, your pet cat, inside. The winner will love this unique "Cat in the Hat" trophy. And for best hat-head, give the lucky victor a portable hat-head removal kit . . . a tube of Brylcreem and a comb.

NO, I'M NOT COLOUR-BLIND!

It was three years ago today that Granny Gertrude gave you that lime-green polyester shirt with purple polka-dots that glow in the dark. You're wondering when you'd ever wear a shirt that looks like a colour-blind rainbow, when the phone rings. It's your best friend, Cindy, inviting you to a Bad Taste Party that night. Your eyes light up like the polka-dots on your shirt. So what better way of showing them off than to have a Dress In Bad Taste Party. It's one night of the year you can wear what you like even if you don't like what you wear. I, of course, have a major problem dressing for parties like this. I don't have any uncool clothes. I have to rent them.

A BUNCH OF SHADY CHARACTERS

By now, you are probably saying to yourself, "Hey, Zits, all these party ideas are really keen, but aren't you forgetting something?" As the Lone Ranger would say, "Hold onto your horses." I've saved the best for last.

If you want to have the coolest party in town, then organize a Shades Party. Here are some hints to ensure your party is a success.

First, pull all the shades down in your house. Your friends will then know this is the place for the shades party. Second, remove all the lamp shades and third, turn all the lights on. This is to simulate sunlight so that your sunglassed guests can find their way around your humble abode.

If you think boredom may be setting in, try turning all the lights off simultaneously. A few well-timed shrieks of "I'm blind," or "solar eclipse," will liven up the party. If that doesn't work, try turning up the heat and telling people it must be 100 degrees in the shade. You'll break them up. No sweat.



48hrs.

THE FANTASY

"Incredible, wonderful and fantastic are adjectives to describe the experience I had at Maclean's Magazine."

— Ken Yakiwchuk



"I was impressed by how closely knit the Maclean's staff was. Now I may be interested in copy editing as a career."

— Tara Gemer



"Welcome to Toronto and thank-you for flying Air Canada," said the flight attendant. The three of us looked at each other with eager anticipation. This was Wednesday, Dec. 5, day one of the Zoot Fantasy trip to *Maclean's Magazine*.

Just a few days earlier, 14-year-old Tara Gemer had been training with her track and field team at Hamilton Junior High in Lethbridge. There was no trip to Toronto in the back of her mind — just starting blocks and hurdles. Then the phone rang and all that changed.

One of her counsellors told her that the good folk at Zoot Capri were looking for two lucky students to accompany them on a trip to *Maclean's Magazine* to learn something about big-time journalism. Tara, who had worked on her school yearbook, was the obvious choice.



In another corner of Alberta — Jasper to be exact — 16-year-old Ken Yakiwchuk was splicing film together. Ken was a video and film fanatic. One day he would write and direct his own production. He was sure of that.

He, too, was unaware of the pending call from Zoot headquarters. Ken's work on the Jasper High School yearbook was legendary. From writing to cartooning, Ken was a key part of the publication. He would be a key member of the Zoot Fantasy team as well.

The limousine carried us swiftly downtown... past the C.N. Tower, the world's tallest free-standing structure; past the Canadian National Exhibition grounds, home of Canada's largest annual fair, and past Maple Leaf Gardens.

We checked into our rooms at the comfortable Chelsea Hotel. Tara and Ken peaked through the curtains to see the Maclean-Hunter office tower, the publisher of *Maclean's Magazine*. But *Maclean's* could wait. Tonight we were off to Yonge Street and the architectural wonders of Eaton's Centre, where I would buy lavish gifts for my guests. "Couple of Cokes to go," I ordered at McDonald's.

Thursday morning we awoke to find that the Alberta weather

had followed us east. Four inches of fluffy white stuff had blanketed the city during the night. It was Toronto's first snowfall.

Off we trudged to *Maclean's*. Stepping off the elevator, Tara,



Ken and I were first greeted by a large white *Maclean's* sign and then by the affable Don Ladkin, the director of advertising sales and the host of our day-long visit at the magazine.

Our itinerary was set and then, after watching a short film outlining the operation of Canada's weekly newsmagazine, we found ourselves sitting in the high-powered office of Kevin Doyle, the editor.

A magazine's philosophy is set by the editor. As he goes, so goes his staff. Kevin Doyle is a friendly man, quick to share a smile. He is also a team player. We found out this was a crucial quality to the successful running of a magazine like *Maclean's*.

Mr. Doyle underscored the team aspect as he explained how he and his editors meet every Monday to plan the upcoming week's issue, from the cover story to the movie review in the entertainment pages. This particularly interested Ken, who has probably seen more movies than Steven Spielberg.

Doyle said the philosophy of *Maclean's* is to bring to its readers (and there are over two million a week) reports on current affairs in Canada and around the world. And



if the news is international then it is seen through Canadian eyes. The perspective is always Canadian.

Working for a news magazine is a never-ending challenge, full of deadlines and late nights. But it seemed a challenge that the staff enjoyed. They probably wouldn't

CONTINUED ON PAGE 42

SEEN *and* HEARD

Zooters review the latest "hot flicks" and "hot disks" on the market. Some are burning up the billboard charts and screens of North America while others are totally burnt out!

SEEN...

MICKI AND MAUDE

STARRING: DUDLEY MOORE, AMY IRVING AND ANN REINKING

Hilarious movie wherein Dudley Moore juggles two marriages, two kids and two lifestyles — that is, until he gets caught.

- The whole movie was great.
- A really original film.
- I think if you like Dudley Moore you'd like it. If you don't like him, you won't enjoy the film.
- I don't think I ever stopped laughing.
- This movie is good for any age group — but especially our age and up.
- It wasn't any better than Dudley Moore's other movies — it was just as great.
- I thought the movie was going to be predictable, and I tried to predict it, but it didn't turn out my way.
- I think it could be a realistic situation, but I don't think anybody could be that stupid.
- The ending was great — I was wondering how they were going to finish it off.

THE FLAMINGO KID

STARRING: MATT DILLON AND JESSICA WALTER

Story about a teenager who for one summer gets exposed to rich people's lifestyles. He is forced to choose between his family values and those of the rich.

- There were a lot of funny parts/scenes.
- I really liked the movie — really funny.
- My favourite character was the girl - wow!
- I thought it was kinda slow, but there were a lot of funny parts.
- I was expecting more of a movie like Porky's. It wasn't at all what I thought it was going to be.
- I liked the story; it was like real life.
- I didn't like the music — I'm not into "old" music.
- There was quite a lot of swearing. I think some people could be

offended by it.

- I thought Matt Dillon was really good. It shows he can be flexible because each movie he's been in has been completely different.

SUPERGIRL

STARRING: HELEN SLATER, FAYE DUNAWAY, PETER COOK, PETER O'TOOLE, MIA FARROW
Predictable Superman movie with the "man" now being a "girl."

- Great movie if you're 10 years old.
- Too unbelievable.
- Superman is a whole lot better — no comparison.
- They're going to have sequels to this but I won't be there.
- Beats me how they get such a great cast for such a bad movie.
- I wouldn't pay to see any more of those.
- About the only good thing about the movie was the special effects.
- I wouldn't recommend this movie.

STARMAN

STARRING: JEFF BRIDGES AND KAREN ALLEN

A being from outer space falls to earth and is transformed into a man who has recently died. He experiences a foreign emotion — love — while he races with time to keep alive.

- It was good, it was funny, it was touching.
- I thought it was going to be about what it was about — it's kind of the same as The Last Star Fighter.
- I thought the special effects were really good — a little bit different than usual.
- It's the kind of movie that you'd go back and see again.
- I didn't have a favourite scene, I liked the whole movie.
- I thought the acting was very good. I haven't seen Jeff Bridges before and he was great. It was a hard part.

2010

STARRING: ROY SCHEIDER, JOHN LITHGOW AND HELEN MIRREN

- "The year we make contact."
- This movie was so much better than 2001 — the effects were bet-

ter, the story was better. I thought the first one was a little slow.

- I could follow it all the way through whereas in the first one I was completely lost.
- It's a movie worth going back and seeing again.
- The special effects were great.
- I thought it was realistic in regard to the situation between the U.S. and the Russians — I hope it doesn't happen though.
- I thought they portrayed the year 2010 well — that's how I imagined it would be.
- I didn't find anything bad about the movie.

...& HEARD

DAVID BOWIE

Tonight

- Blue Jean is the best cut.
- I loved the cut I Keep Forgetting — it really hits home. It nearly made me cry.
- Neighbourhood Threat is the worst cut.
- His albums never seem to change — this is the same as his others.
- The only song I liked is Loving The Alien. The other ones are old-fashioned and out-of-date.

IRON MAIDEN

Power Slave

- Not a very good album — their singing was off-key.
- I think this album is totally stupid.
- I'd classify this album as heavy metal and acid rock.
- It sucks!! The lyrics suck most!!
- The best cut is Rhyme Of The Ancient Mariner.
- I think the theme of this album is satanism.
- Theme? There is no theme!
- I really like this album and the continuous heavy-rock beat.

COREY HART

First Offence

- It's an excellent album.
- Very relaxing — soft, mellow.
- Sunglasses At Night and It

Ain't Enough are the best cuts.

- I had never heard of him before but I'm glad I have now.
- He follows a basic theme throughout — his relationships with girls.

HELIX

Walkin' the Razor's Edge

- Good album — the kind I would take to a party.
- No lyrics hit home because I couldn't understand any of them.
- Helix is a mild sort of heavy metal but definitely heavy metal.
- This album is okay, the lyrics are neat.
- Rock You and Young And Restless are tied for the best cuts on the album.
- I think this group definitely has a future.
- This is the best album of them all.
- The same beat throughout became a little boring.

PARACHUTE CLUB

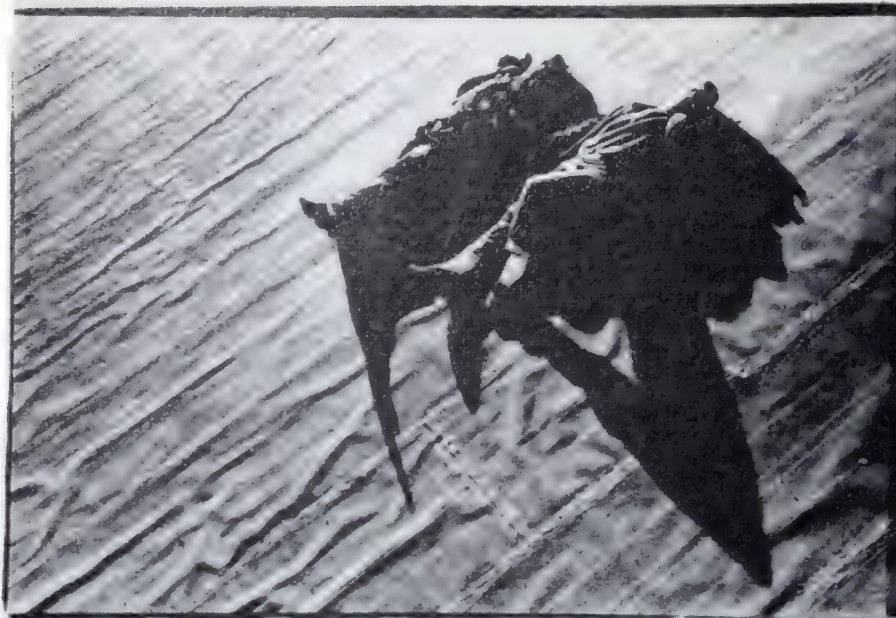
At The Feet Of The Moon

- I think this is a sick album.
- This group has a (small) future.
- Not a bad album. It has a good beat.
- I like this album better than going to the dentist.
- The basic theme seems to be sex — pretty shallow if you ask me.
- I thought all the cuts were good.
- Pretty old-fashioned music — didn't like it much.

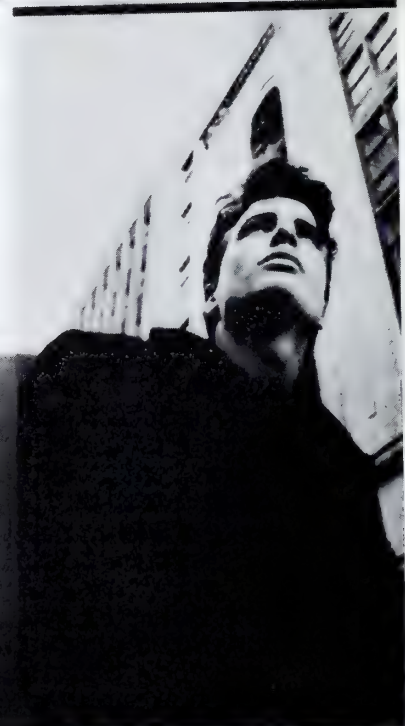
GARY O

Strange Behaviour

- I don't think he has a future unless it's in something other than making records. This one is okay but he won't last.
- I'd classify him between new wave and rock.
- Get It While You Can is the best cut.
- The slow lyrics are different. I liked the album.
- It's an okay album.
- I would enjoy this album for the days that I want to listen to soft music.



JACK AND i



Best friends
Jack and I?
Never really
thought about it much
Before

We're both in the
same school
We even live on the same
street
But that's not friendship
That's coincidence

I remember the first time
we met
We didn't see eye-to-eye
He was a foot
Taller

A lot of people think
Jack is a loner
Because he listens more
than he speaks
But he seems to talk to me
Open up

And the words that
come out
Ideas that make me wonder
Jokes that make me cry
With laughter

We grew up
Together
We still are growing up
Together

Shared dreams
And memories
Best friends
Jack and I.



POEM: ERIC HOWLING

PHOTOGRAPHS: RIC KOKOTOVICH

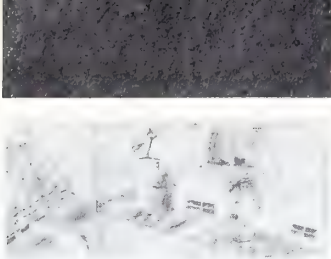


ILLUSTRATION: SHAUNA DE-ANDREA

IN OUR LAST ISSUE,
*we showed you an
elusive illustration by
Shauna DeAndrea.
Your letters convinced
us that Zoot readers can
pin down just about
anything (including the
guy beside the fire
hydrant), and that you
know a lot about lipstick
and soap and water.*

The girl in pink is obviously our young friend's first love. But, unfortunately for him, her feelings are not mutual. She finds the boy too young and inexperienced for her. The man by the fire hydrant represents how old and mature she thinks he will have to be to get a girlfriend like her. She lets our friend down easily by giving him the kiss and the encouraging statement. Unfortunately for all the hearts of the world, it seems the majority of them are broken, in some way, by their first love. I'm no exception.

— Lori

The girl is just a couple of years older than the boy (we'll call them Jack and Jill). They really like each other but most of the people around them think it is wrong for a boy to go out with an

older girl (of course, it's just fine if an older boy goes with a young girl!). Jill tells Jack that in a couple of years they won't have to worry about what their school friends think. The kiss tells Jack that Jill does have feelings, etc. for him and is sorry it can't go further at this point. The older boy in the background symbolizes society putting his nose where it REALLY doesn't belong and making sure that nothing happens against the norms.

R.S.
— Red Deer

You guys really think of some weird pictures to put in your magazine. Well this is what I think about it. When the guys get all hepped up and start to fall madly in love with the girl, she drops him like a hot potato. Especially when their older brother is watching, like in the picture. I don't think that's right. And about the lipstick, yes, it does wash off with soap and water.

Janet Baayens
— Calgary

This girl who kissed this sloppy (and I do mean sloppy) boy are brother and sister. The sister is only kissing her brother for practice (kissing contest you see). The man at the corner is just a Peeping Tom, don't mind him.

Nancy Vanderweide
— Calgary

She walks so tall
But her heart

Is really very small.
With her feet firmly
planted
Her head's still in the
clouds
Thinking she can take
on the world one day.
His father was there
He knows and cares
And tells him "there's
more fish in the sea."
— Lieta

His whispers reached
beyond my ears
And she seemed to
sense the glow.
With fancy steps and
decor bright
We shared the
mistletoe.
Yet she betrayed a
peculiar way,
She said that our love
had died,
I wasn't sure just how
I felt
So I held back from
cries.
She left me then with
a kiss on my cheek
And told me that she'd
write,
Then beyond the moon
she faded still,
And wandered through
the night.
Colleen Dackstader
— Sherwood Park

This young boy has
fallen in love with his
teacher. He follows
her around until
finally she notices
him. He tells her of
this love and she feels
a little sorry for him,
so she kisses him on
the cheek and goes
her own separate
way. The guy on the
corner is the boy's
father and he's
watching out for his
son, but doesn't want
him to know he saw
what happened.

T.K.
— Lac La Biche

The kid has crumbs all
over his shirt — no
wonder she kissed him
on the cheek! She
obviously couldn't
wait to get rid of the
kid that was bugging
her so she ran off to
meet her boyfriend
who was waiting for
her around the corner.
Maybe when the kid
grows up and doesn't
have goop all over his
face, he'll get a
girlfriend!

G.N.
— Medicine Hat

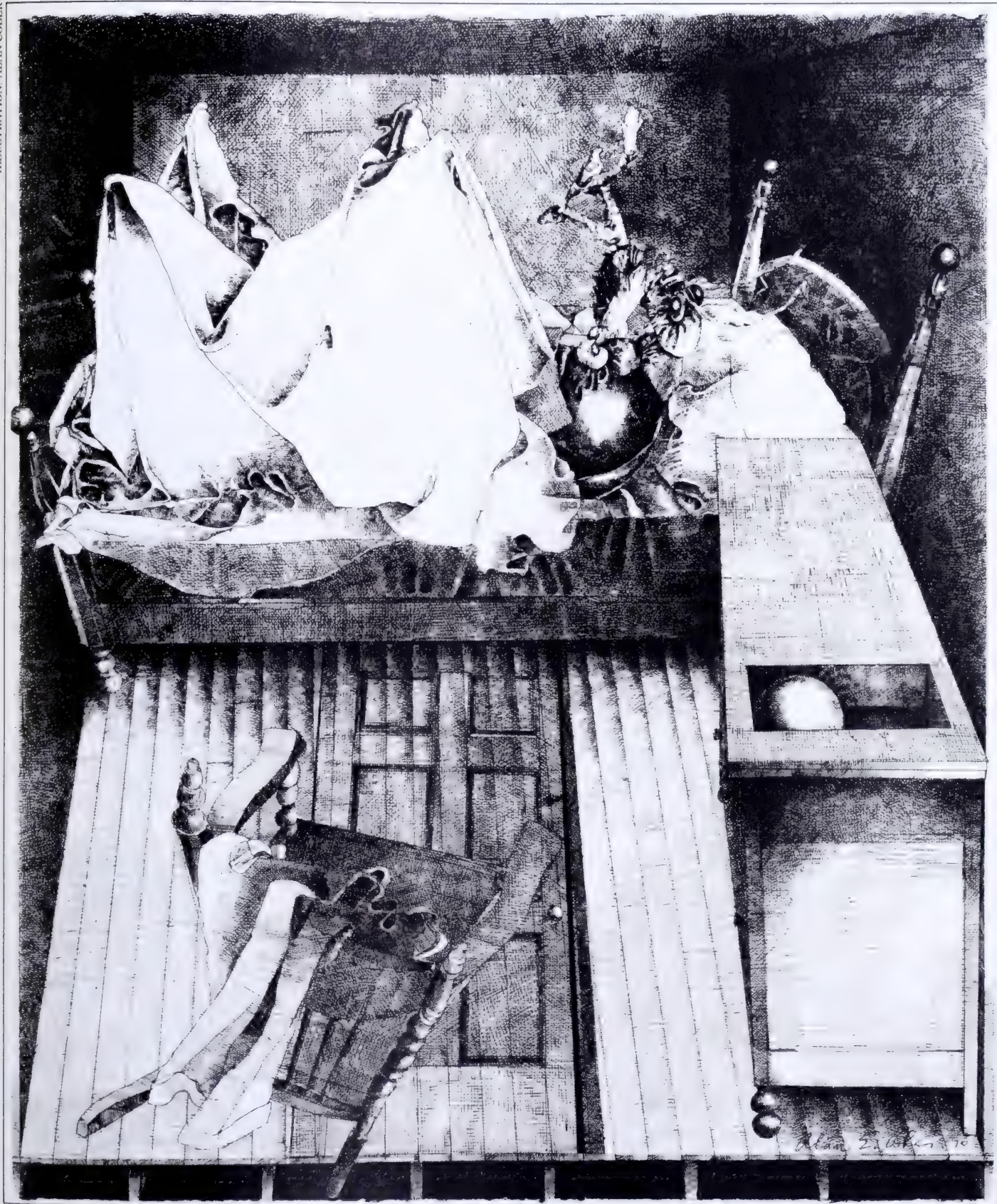
What do I think about
this?
I think it looks like the
artist is doing a self-
portrait of something
that happened to him
a long time ago.
He remembers when
his babysitter kissed
him on the cheek and
left him to wait for his
dad to pick him up.
I bet he still hasn't
washed the lipstick off
his face.
What do you think
about that?

M.L.
— Edmonton

*"Good night, sleep
tight, don't let the bed-
bugs bite." This issue
renowned American
artist Alan Cober
travels into the Twilight
Zone with a super beetle.
Who is this hard-shelled
creature and who is his
tailor? Write in and tell
us what you think about
this then. But don't
phone Alan. He hates
to be bugged.*

What do you think about this, then?

ILLUSTRATION: ALAN COBER



WORK AND MONEY FROM PAGE 18

you can pick up at university is only one reason. The big reason is that to survive university you must learn how to work without supervision. In most high schools your work is closely supervised. At university the work is generally laid out, but whether or not you do it is entirely up to you. This is one

of the reasons why so many kids flunk out of university, even if they did quite well in high school. They became dependent on the external supervision to make them work.

Lots of jobs are closely supervised. These are the jobs that you can usually get without much education, where the organization does not count on your being able to think and act independently.

There is nothing wrong with this kind of work if you are happy with it, and it is often a good place to start to gain experience with the world of work. There are usually opportunities in even the most routine tasks to develop your initiative and climb up the ladder to more responsible jobs.

Whether you are going into business for yourself or looking for a job with someone else, being successful means convincing other people that they need what you have to offer. Since all work is essentially a trade, you have to be able to sell yourself. The more skill, experience, and resourcefulness you have, the more you can bring to any trade. However, a lot of jobs are learned while doing

them. For these, your most important resource is your character: things such as cheerfulness, initiative, reliability, consideration, cooperativeness and an ability to learn from experience. These are qualities that employers look for, but you can't just tell people that you have them, you have to show them.

One of the best ways to sell yourself is to show people that they can't get along without you. This frequently means investing some time and effort "up front" without expecting to get paid for it. Volunteering or taking on tasks just to show what you are capable of doing is a very powerful form of advertising yourself, and will develop your skills and experience

THE CONTINUING ADVENTURES OF

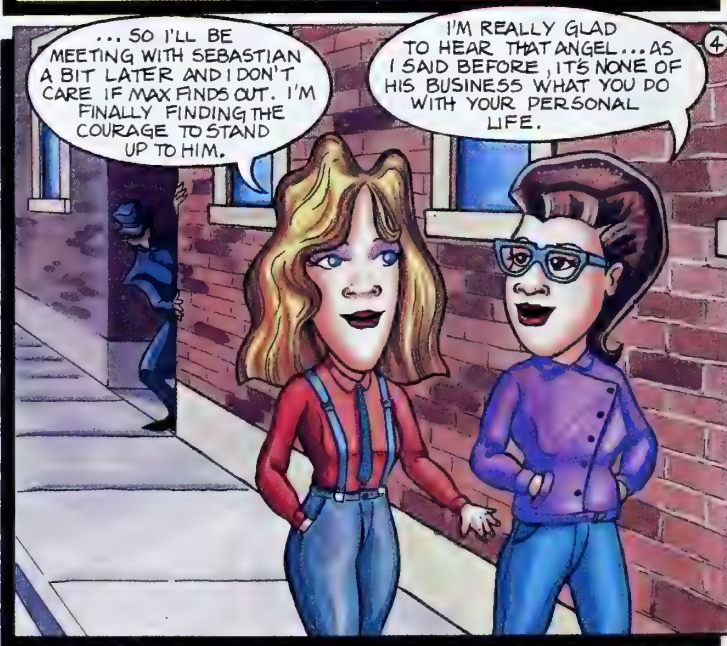
Angel Harp

AND THE
HEAVENLY BODIES
BY
JEFF BURGESS

MEANWHILE MAX BROODS OVER HIS WEAKENING GRIP ON AN INCREASINGLY INDEPENDENT ANGEL.



IN OUR LAST EPISODE BAD OLD MAX ANGLE LOWERED THE BOOM ON ANGEL, BUT UNDAUNTED, SHE CONTINUES HER LIAISON WITH SEBASTIAN MAKING PLANS FOR A SECRET RENDEZVOUS.



as well. The volunteer activity doesn't have to be with the particular business you would like to work for. You can work for a community association, a service group, a school club, anything. People interested in the same things tend to develop networks, and the word gets around.

Suppose that you would like to explore the possibilities of working as a sound-recording technician. You could start by volunteering to help out with the sound system for school concerts. You could do the same with your community association, and maybe volunteer to help out with a small band's sound system. It also helps to have some technical courses. If you do your work well you will build up a

reputation and a store of experience that will open up more opportunities.

Almost any kind of work experience is useful in building up your resourcefulness. Even work around home. There is an endless supply of work around most homes; cleaning, painting, building, yardwork, decorating, cooking, washing, babysitting, all things that the family would value even if they don't always directly pay for them. Most kids would rather watch TV, listen to music, read, or do almost anything else. This is normal. The ability to do things that other people value takes a certain amount of discipline that must be learned.

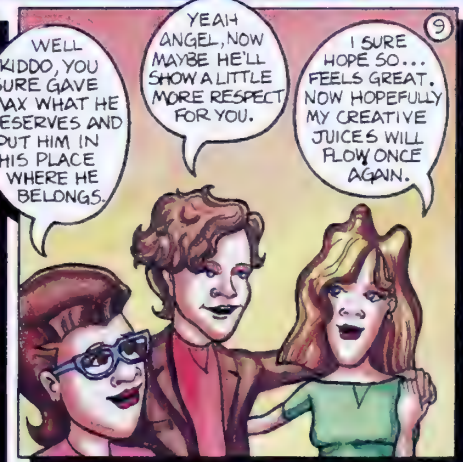
One of the ways kids learn about

work is by looking after pets, because pets depend on others to do things for them. By constantly having to meet a pet's needs by feeding it and making sure that it is clean and has a good space, kids develop a sense of doing something for someone even if they don't always feel like it. Another way to learn about work is to have some challenging activities of your own, and develop some very high standards for yourself in the process. Masters of any craft or activity have higher standards for themselves than an average employer would. Having a sense of mastery will help you face other challenges.

The only way to really learn about work is by working. When

you get into any work activity, you will discover that there is a lot more to your ability to do things than you had imagined. The initiative, work skills, creativity and organization that you develop in these circumstances will carry over to any other work activity you do in the future.

The secret of preparing yourself to work and make money is to be actively doing things, making things happen, providing other people with something of real value and increasing your skills and experience at the same time. You are your most valuable resource, but that resource must be developed. Don't sell yourself too cheaply by waiting for something to happen.



SO, AT LAST ANGEL IS FINDING THE CONFIDENCE TO BE HERSELF. STANDING UP TO MAX COULD BE THE BIGGEST STEP SHE'S TAKEN YET. STAY TUNED AS ANGEL CUTS A NEW RECORD WITH VIC VINYL. WHAT WILL BE THE FAN AND CRITIC REACTION TO HER SECOND ALBUM? WILL SHE BE A VICTIM OF THE SOPHOMORE Jinx OR GROW EVEN BRIGHTER AS A ROCK N' ROLL STAR?

• SEBASTIAN'S POEM SUPPLIED BY... COLLEEN MARGARET DOCHSTADER. KEEP THOSE LYRICS & POEMS FLOWING IN AND WIN ALBUMS BY CURRENT ARTISTS.

NEXT ISSUE... NEW TUNES

NEXT in ZOOT

PHOTOGRAPH: DERIK MURRAY



ZIT'S FIRST DATE

Remember your first date? The one that made your palms sweat, and your heart beat like a rabbit? So does Zits. And he's going to share his romantic memories with you.



TEENS OF DIVORCED PARENTS

Lucy and Kevin were married for 16 years before they got divorced. It was a confusing time for both of them. But perhaps even more confusing for their 16-year-old son. He explains why.

WRITING CONTEST

So you think you're another Ernest Hemingway, do you? Well, here's your chance to prove it. Enter Zoot's "complete the mystery" fiction-writing contest and get your work published.

ZOOT FANTASY FROM PAGE 34

have had it any other way. Ken and Tara agreed: when you really enjoy doing something, you go for it, even if it means working weekends.

We visited with the art directors who design the magazine so that it is pleasing to the eye, so that photographs are informative and lines of type are easy to read. You can thank them for the eye-catching cover every week.

We talked with the writers who report on the state of the nation. But reporting isn't enough. It is turning facts into a story that breathes with life that is the art.

And there were the researchers and copy editors who ensure that every detail and word you read is confirmed.

There were others of course, but space and time precludes a full description here. A full list of the team players appears on page 2 of every *Maclean's Magazine*.

By three o'clock, Tara, Ken and I had been given a well-rounded overview of *Maclean's* and had been well-fed, courtesy of Don Ladkin, at the restaurant Roussalka, an elegant Russian dining spot. Don was also kind enough to give us *Maclean's* digital watches as mementos of our visit.

But the day was far from over. From downtown Toronto we drove several miles north to the Maclean-Hunter printing plant. This is where more than 600,000 copies of *Maclean's* are printed every Sunday so that they are ready to hit newsstands across Canada on Monday.

The plant is immense. In the course of our tour we saw state-of-the-art computerized graphics and printing presses almost as long as a football field. Yes, it's true! But there are no Eskimos or Stampers to be seen. These presses are second to none in North America and Europe and it shows in the pride of the men and women who operate them.

So ended our day at *Maclean's*, with us a little wide-eyed, a little weary, but far more informed as to how a first-class national news-magazine is published.

Early the next morning, Tara, Ken and I were back aboard a Canadian Pacific jet heading home to Alberta. With new *Maclean's* magazines stuffed in our pockets, we contentedly sat back, looked at our new time pieces, and watched time fly.

HOME-BREWED DRUGS FROM PAGE 23

liver function is also affected. Impotence and a lower sperm count are side-effects for men. Along with more muscle-mass, women can expect acne, a deeper voice, facial hair and reproductive-system disturbances. The use of anabolic steroids is very controversial in both sports and medicine.

What does all this mean? Well, it means a number of things. The body produces a wide variety of substances that regulate, stimulate and facilitate many physical functions, as well as some aspects of feelings and mood. These same substances can be used for medical purposes. The doctor and patient have to assess the risk and the possible benefit of the treatment. Abuse might be defined as use in circumstances in which the benefits are not justified by the risks and side-effects of taking the drug. In general, the body seems to be rather wonderfully well-tuned and seems to respond well to good treatment. I mean, when is the last time you had to tell your pituitary gland to secrete a little growth hormone?

MAKIN' A LIST FROM PAGE 29

Imagination served all the teams well. The Wolfpack and The Winners, unable to find copies of Zoot (a rare and cherished thing this magazine), drew one for a few bonus points. In the end, when the scores were tallied, The Warriors won with 200 points, The Winners, in name only, scored 189 and The Wolfpack, 166.

Summer, as Kim has often told me, is the perfect time for a lot of great and unusual games. A scavenger hunt is really just one of the many things you can do if you're tired of football or suntanning.

There's always a treasure hunt. All somebody has to do is hide something somewhere, create a map filled with clues, and step aside as the competing teams go to it.

Or you can stage your own mini-Olympics with events such as who can skip a rock the most times on water, a blindfolded relay race, raw-egg toss and the infamous three-legged race.

The mind boggles at the possibilities when the weather is right.

Look Out Video, Board Games are Stealing Your Thunder

The amazing resurgence of board games and family quiz games this year has led to a virtual turnaround in the type of games being played at home. Who would have thought last year that Monopoly and Scrabble would become more popular than Space Invaders and Pac-Man?! Not to say that video games are dead... sales of game cartridges and personal computer software in Canada last year were about \$60 million; sales of non-electronic games were \$45 million, but rising rapidly.

The big change in interest was led by the phenomenally successful Trivial Pursuit... a game that brought back the old, almost forgotten virtues of board games... like playing and interacting with other people instead of with a TV monitor. In fact, Trivial Pursuit can be played by 24 people at the same time. And it tests knowledge and recall... a challenge not common to many video games.

Many people who were impressed by the razzle-dazzle of computer games are now going back to the basics. Games like Scrabble, Risk, checkers, backgammon, chess and jigsaw puzzles are experiencing a serious comeback.

How did this turnabout happen so quickly? Sociologists, analysts and university types believe it's merely the pendulum swinging back. As video games reached the peak of their popularity, a novel game concept like Trivial Pursuit came along to shift interest in the other direction. With its increasing popularity, it became a fad - a game that everyone wanted to play.

Trivia games are not new... they date back to the 19th century, ... so what is their special appeal in 1985? Besides testing your knowledge of current trivia, there's the chance to sit around with friends and chat while the game is being played... the opportunity to hold playing pieces like cards

and game pieces... the opportunity to play *with* people rather than on an individual basis... the chance to be seriously competitive and at the same time have a lot of fun... the chance to lose if you do in front of other people. I mean, you hate to admit it, I hate to admit it, but if someone beats you or me... and... well... admitting that is not always easy. The best players are those who play to win but accept losing as part of the process.

N E W G A M E S

If you're tired of playing Trivial Pursuit and you want something with questions that are a little bit easier, you can always play the Baby Boomer edition, or Junior Trivia - trivia games specially designed for teenagers.

How much do you know about your home and native land? Canadian Caper, a trivia game played on a Canadian Flag, uses only Canadian facts. For example: What is the name of Canada's largest tribal Indian group? Answer: Ojibwa. Or what North West Company explorer crossed overland to the Pacific coast? Answer: Alexander MacKenzie. Canadian Caper has 6,048 such tests of your national knowledge. It was invented by an elementary school teacher named Dennis Roberts, who, with 59 other people, each invested \$500 to become shareholders in the company marketing the game.

Can you name that tune? Try Billboard Top 40 Trivia, based on songs that have made it into the Top 40 since 1955. It has 6,400 questions to test your musical expertise.

Bible trivia games are proving very popular with churches and religious groups. There are now five on the market (at the time of this writing): The Bible Game, Bible Challenge, Truth & Triumph, Bible Search and Revelations.

There are also many new non-trivia games. Box Office invites you to produce Canada's greatest plays in your living room! Something like Monopoly, Box

Office simulates the wheeling and dealing that goes into the business of the theatre. Up to four players move markers around a board, collecting the rights to plays, the cast and the director. When a player lands on one of 40 Canadian theatres, he gets the chance to "produce." The winner is the producer who creates enough hits to do a national tour.

You can learn some very interesting behind-the-scenes facts about the theatre while playing Box Office. For example, on the hottest night of the year you're likely to pull in 40 per cent of box office potential... if the mayor joins the audience, 80 per cent... if the movie theatres are on strike for the fifth straight week, 100 per cent... and if it's Stanley Cup night, only 30 per cent. But beware, a make-or-break card can penalize you \$10,000 for damages to the theatre during a production of the Rocky Horror Show. Or Revenue Canada can hit you for back taxes.

Here's a game that you're going to hate. Under the category of "deliberately not meant to be fun, but very educational," a Calgary child-care instructor has invented The Poverty Game. It's intended to give social workers a better insight into the realities of being poor. Inventor Joyce Tyler-Neher says it enables social workers "to respond to real needs with more sensitivity."

To start, players choose the identity of one of six single parents living on social allowance payments. They begin by drawing their first monthly welfare cheque, a large part of which is soon gobbled up by the bank for rent, food, utilities, laundry, telephone and transportation.

Under the category of "larger than life board games," a new live-action game called Photon has made its first appearance in Canada, in Toronto. Played in a 900-square-meter indoor arena, Photon is a game of space-age cowboys and Indians. Players are issued 9 kg. of equipment including a helmet with radio receivers, and

a laser-like gun. The player joins a team of up to 10 people, and zaps the enemy with a light-beam gun while moving toward the opposing team's goal. Each six-minute battle zig-zags through a sci-fi playing field of lights, mazes, tunnels and electronic sensors.

The U.S. inventor of Photon, George Carter, says his inspiration for the game came from the film, *Star Wars*. A Canadian group of businessmen has bought the rights to Photon in Canada and is expected to start building Photon arenas across the country. Expected cost of play will be a one-time membership fee of \$4 and a \$3.50 fee for each six-minute game.

G A M E S T R I V I A

DID YOU KNOW... snakes & ladders is based on an ancient game from India used in religious instruction? The path through snakes and ladders represents a moral journey through life to heaven. According to the Hindu religion, good and evil exist side by side in man, but only virtuous acts, represented by the ladders, will shorten the soul's journey through a series of incarnations to the state of ultimate perfection. Human wrongdoing, symbolized by the head of a snake, leads to reincarnation in a lower, animal form.

DID YOU KNOW... during the Middle Ages in England, the Church waged a long and losing battle against backgammon and other board games? They claimed that games were idle pastimes... tools of the devil.

DID YOU KNOW... the earliest known dice were found in the Sumerian royal tombs of Ur... over 5,000 years old!

DID YOU KNOW... the four suits of a 52-card deck used to be cups, batons, swords and coins, instead of today's hearts, clubs, spades and diamonds? In fact, even today, Spain still uses the traditional symbols.

J O E R I S K



SPRING SKIING IS THE GREATEST.



BARE TOP...



...BARE LEGS...



...BARE ROCKS!

LOW ZOOT FROM PAGE 26

effective teamwork than anyone else at that time. Each man belonged to a ten-man squad, which was in turn part of a hundred-man company, and so on, up to 10,000-man divisions. Most important, the ten-man squads were trained to fight as a unit. Each soldier was bound by law to go to the aid of any other soldier in the unit who was in trouble — he would be executed if he did not. As a result there were no individual heroes in the Mongol army; they all looked after each other. They also recognized the value of training. They practised battlefield manoeuvres in teams of 1000, so when it came to a real battle they knew how to work together as a large formation — something that nobody else at the time was doing.

Few people today have any idea of what Genghis Khan and the Mongols did or why they were able to conquer such vast territories. However, the same themes of cooperation and power run through our own lives in more recent history. The major wars of this century could be seen as tests of different ways of creating teamwork. Canada fought in World War II to help contain the power of fascism, an approach to government that had taken root in Germany and in Italy, setting

these two countries on paths of conquest.

Fascism was an approach to teamwork that bound everybody together behind one strong central authority. If this authority had plans for a big adventure, then everybody was in on it. In Germany's case, the central authority was Hitler and he had *very* big plans — control of the whole world. Fascism was appealing to people because it made the ordinary person feel a part of a large and very powerful team.

Youth in Germany were especially attracted to fascism because it gave them a sense of purpose, adventure, belonging and strength. The fascists were so big on belonging to their own team that anybody who belonged to some other team, like Communists, Jews, Gypsies, and a number of religious minorities, was considered useless or a potential troublemaker who could be exterminated, and a lot of them were.

It took a large gang of cooperating nations to finally stop Germany and dismantle fascism. Today, the world is still full of divisions, with each side firmly believing in the superiority of its own particular team and being suspicious of the power of any other.

So what has this got to do with you? Well, for one thing it ought to convince you that adults don't

have all the answers, just in case you still had any doubts. In fact, this business of being alive and human is still a great mystery and we have much to learn about even seemingly simple things, such as cooperating with other people.

Team sports are a good way to learn about cooperation, although the coach may do most of the work of creating and managing the team. You can still learn a lot by watching how it is done, how problems are solved, and what happens to people as they become part of the team. By watching other teams you can also get some idea of the effectiveness of different kinds of organization.

Mountain climbing, canoeing, sailing and other "crew" activities can teach a great deal about teamwork and cooperation. The meaning of teamwork becomes more significant when lives are on the line, as they are in mountain climbing. Volunteer activities, family life and work experiences all involve teamwork, and all are good opportunities to find out how groups work. One thing that becomes clear pretty quickly is that problems and conflicts always occur. Smooth-running groups are just better at handling the conflicts before they tear things apart.

Another aspect of teamwork that often is not considered is the design of the tools and equipment used in any activity. The people

who designed, built, and distributed your downhill skis are part of a team that made it possible for you to ski down your favourite run. People often develop a sense of loyalty and "belonging" to a particular brand of sporting equipment or other tool, especially when the company or team that made it took special care to consider the users' needs. They become part of your team because they help you do something you like better.

Although there are many activities that can teach a lot about cooperation, it is more difficult to find specific activities that will show the variety of things that can be done with the power developed through teamwork. For this you need to look around a bit at what other people have done. It also helps to have a sense of vision. In the long run, it is not power that is important, but what you do with it.

The big picture might seem a little remote at first, but history is just the combined effect of what everybody does or doesn't do. Like it or not, you are a participant in history and more important, you are one of a pioneering generation that will examine the forces that guide power: abilities like initiative, care, wisdom and responsibility.

These abilities all have their origin in everyday life, and that is where the search for understanding begins.

G R A B I N S K Y



MAN AGAINST THE ELEMENTS...



IN THE BATTLE FOR...



...SURVIVAL!!



NOW, WHERE IS THAT FROZEN PIZZA!

FUNNY YOU SHOULD ASK

Q What do you think about girls asking guys out? I know some girls at school do and some don't. (My mom thinks it's ridiculous!) Also, how do you go about sharing expenses?

L.D. - RED DEER

A It seems, L.D., that there are nothing but advantages to this approach. Obviously, guys like it because it makes them feel good to know that someone likes them and it gives them a break from always having to get up the nerve to call for a date. Girls have some pretty solid reasons for liking the practice of girls asking out guys as well. It means not having to sit by the phone waiting for someone to call, and makes them feel equal and gives them more freedom of choice.

For both guys and girls, sharing expenses for all dates, alternate dates, or occasionally can mean being able to go out more often and being able to do more. It doesn't matter who's doing the asking or which sex you are - it's worth keeping this in mind. However, if you want to share expenses for a date it's probably not a good idea to bring this up for discussion at the time of your date - it's better to work it out beforehand. You might simply say "I'd like to share expenses this time. Do you mind?" It's good to hear that, at least in Red Deer, there are some girls questioning traditional dating roles and willing to work at creating new and more flexible relationships.

Q I'm a bit worried (who am I kidding? I'm really worried!) about MY FEET. Everyone notices them - how can they help but notice? My feet have been growing like crazy for the past year and I now wear size-10½ shoes, which is the same size as my brother wears, and he's four years older. I read something somewhere about a man who had to have his shoes made specially for him - they were size-15. I'm wondering if something like that is going to happen to me. I sometimes think that I should talk to our doctor, but then I drop that idea. I just hope that I'm not going to have size-15 feet.

B.H. - ST. ALBERT

A Guess you're going through the growth spurt that just about everyone goes through during

adolescence, B.H. If you did talk to your doctor, he or she would probably tell you that the funny (funny, peculiar; not always so funny, ha, ha) thing about this growth spurt is that not all parts of your body will grow uniformly, but that some parts will grow rapidly early on while other parts wait around and catch up later. Your doctor could also tell you that every individual has his or her own "program" for growth and that this is really normal.

You may or may not have talked to your brother about his experience at your age (his feet have quit growing, haven't they?), but this might be a good idea to get yourself some reassurance. It's unlikely that you're going to end up with size-15 feet. The reason you even saw that juicy tidbit of news is because that's a pretty rare occurrence.

Q My dad is into bird-watching, which is fine. But when my friends are around and he starts practising his bird calls, I can't stand it. My friends have plenty of choice comments - they think it's a real riot. Why are parents so embarrassing?

R.B. - PEACE RIVER

A Right off the top, R.B., let's just remember that while your friends may laugh and joke around about your dad's - let's say unconventional - behavior at the time, it is NOT on their minds all of the time, or every time they are with you. Everyone is more or less aware of what people think, but at the time when adolescence hits, you are particularly sensitive to what others may think of you. Adolescence is a time of developing a sense of who you are, of discovering your own uniqueness, and of understanding yourself in your own personal terms. However, this is no easy process. You've just spent years in the role of Mr. & Mrs. B.'s child and when someone makes a remark or criticism related to one of your parents, you may feel that this in some way reflects on you. (You may also feel hurt for your parents when someone makes fun of them.) If your friends try to put you down because of your dad, you may not be very good at saying to yourself

or to them, "I am not my dad and there is no sense in judging me by what he does."

When you can recognize yourself as a person separate from your parents and realize that you are not responsible for your parents' eccentricities, or their problems, you won't feel embarrassed. And what's more, you may even find yourself being quite tolerant and understanding of them.



Q This has been my biggest problem for quite some time - I can't seem to find a job. I've been babysitting and doing odd jobs but I want a steady job. Nobody will seem to hire me because I haven't got the experience. I've been all over the place looking for work, I even went to Manpower, but still no luck. I just cannot understand it. How does one get experience if one can't get hired?

J.S. - MEDICINE HAT

A We could write a lengthy answer to your question, J.S., but Ken Low's already done it for us. Check out *Work And Money: Making It Happen* in this issue. It answers all your questions and more!

Q I'm what you might call a sociable kind of guy. But this is too much. My social calendar is, like, jam-packed. I ask girls out, or girls ask me out, and then they want to go out with me all the time. I really hate to do it, but

I've got to dampen their enthusiasm a bit. Only question is - HOW?

Z.Z. - UNKNOWN

A We're not sure that you won't regret this move, Z.Z., but here are some surefire ways to discourage anyone from going out with you again:

- try to act cool all the time
- brag about possessions, intelligence, popularity
- refer often to other dates
- come on strong - express intense emotions and expect these feelings to be returned, after only one or two dates
- act jealous and possessive
- call your date by endearing names, like "sweetheart" or "baby"
- swear a lot
- work at changing your opinions constantly, or never express any opinion
- dress flamboyantly
- don't take a bath for two weeks
- expect your date to do "women's work" for you
- smoke like a chimney
- never let your date pay for anything, or expect her to pay for everything

P.S. We thought, out of fairness to the girls, we should point out that these behaviours will also discourage guys in the same way.

Q I don't think it's right for a father to beat up his kids, but my father's got me so scared I don't know what to do.

G.P. - LAC LA BICHE

A You may be afraid to ask anyone for help because you're afraid that your father will abuse you worse than ever, or that there will be no help available, or that this will throw the future of your family into uncertainty. But you are also coming to realize that you have to protect yourself. This is a very serious problem and one with which you're going to need outside help, G.P. Talk to an adult you trust - a teacher, a counsellor, a relative, a neighbor, a clergyman. In Alberta, you can also reach a toll-free, 24-hour emergency child-abuse hotline by dialing zero and asking for Zenith 1234. No, it is definitely not right for a father to abuse his children, and there is help and support, but you must take the first step and ask someone for help.

OUR READERS GET THE LAST WORD YOUR WRITE

DONUTS

In the Fall/Winter '84 *Tracy Times Three* article, I wish you would have told how Tracy felt about the *whole* thing.

M.K. - FORT SASKATCHEWAN
We donut know. - ED.

NOTHING UP MY SLEEVE

In regard to your letters, how do you pick those monstrosities? Pick them out of a hat, or pick only those that the editor can think of snappy come-backs for?

K.B. - BOWDEN
Oh, um, eeeh, ooooh, ahh, maybe, noo . . . Better get the hat. - ED.

MUSIC REVIEWS REVIEWED

I suggest that next time you pick a teenage review board, you choose a wider range of kids who have a broader, more intelligent view of music.

C.W. - SOMEWHERE
Why not send us your phone number and we'll see what we can do. - ED.

NO RECESS IN ST. PAUL

Okay you guys, can you do a *Recess* feature on Racette Junior High in St. Paul? I would guarantee you some absolutely hilarious pics of my principal and a few other

teachers who are hilarious just to look at.

S.S.M. - ST. PAUL
What do you mean hilarious, hilarious? Recess is supposed to be serious. Seriously! - ED.

GET A JOB

Could I get a job with you when I'm older? What weirdness credentials are there to learn?

L.C. - HIGH PRAIRIE
Well, L.C., first you have to learn to write real swell and then draw real good. - ED.

PUNKER SPEAKS OUT

You should put in more articles on punkers. When I shaved my head (hair), my parents thought that I changed but I didn't. I'm still the same. Why do people think that punkers are so bad? Do you have an answer? I hope so.

A.F. - EDMONTON
People will always judge books by their covers. - ED.

MALE OR FEMALE

How did I get on your mailing list anyway? Don't get me wrong - your magazines are the best.

S.R. - FORT McMURRAY
We're not sure. You were supposed to be on our fe-mailing list. - ED.

BUT SERIOUSLY FOLKS

Hi. I've just been reading your Summer '84 issue and I ran into a letter from R.G. - wherever. If R.G. is so cool that he doesn't take your mag seriously, why does he bother writing?

WHOEVER - WHEREVER
Write-on! - ED.

EXCUSE ME

I was just wondering, is it really true that David Lee Roth offered you guys \$6 million to buy Zoot Capri, The Magazine?

T.H. - CALGARY
No, it was \$6 billion. Sorry about the error. - ED.

LEAD BALLOONS

Groups like Helix, Black Sabbath, Kickaxe, The Who, Led Zeppelin, Krokus, BTO, Metallic, Anvil, Quiet Riot, Motley Crue, Ratt, Judas Priest and Kiss have reigned in the music world for the past decade. This "new music" will be gone before it ever came. It'll go over like a lead balloon. Just watch.

D.O. - SOMEWHERE
Are lead balloons made from heavy metal? - ED.

THANKS

I really thought your article,

Alcohol Overdose, was good. One of my really close friends just about died from alcohol poisoning. I think that article is sooo true and I just hope people don't have to learn their lesson like I did.

C.T. - SHERWOOD PARK
We hope not either. - ED.

MAMA ZANTINI

Who is the absolute weirdo who came up with the name of Zits Zantini?

S.S. - ST. PAUL
His mother, Zelda. - ED.

SPELLING BEE

I was extremely disgusted to see your Fall/Winter 1984 issue on the Scorpions. You completely cut them down. I mean, what kind of idiots tell brilliant singers to get cough drops. I mean, grow up! Your teen review board has to be so blind or deaf! I mean, the Scorpions are a class group! Also, if the people are too young or whatever, get them to at least spell Scorpions the way it's supposed to be, not Scorpians. Even new wavers should know that.

AN ANGRY HARD ROCKER (R.C.) - ANYWHERE
Dear Angry Hard Rocker, you spelled idiots wrong, so touche! - ED. ▀

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Please fill in the following with your *new* address:

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And the following with your *old* address:

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Address: _____

City: _____

Postal Code: _____

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ZOOT CAPRI, SPRING 1985: 46


LAST SCENE



Spring 1985 - Free for all

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PINK CADILLAC WORK AND MONEY: MAKING IT HAPPEN
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PSSIST...HEY KID. WANT A JOB? DURANT ON DRUGS
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